

2009 Bowie Winter Baseball Camp

Head coach Rudy Alvarez and staff will host the Bowie Winter Baseball Camp on December 28, 29, 30, 2009 for grades 1-6 only.

Skills Camps

Grades 1-6 ONLY: check which camp(s) you will be attending

Fundamentals Camp: \$30

- Monday, December 28
- 1:00 PM—4:00 PM
- Improve your fielding, throwing and baserunning

Hitting Camp: \$30

- Tuesday, December 29
- 1:00 PM-4:00 PM
- Physical and mental approaches to hitting

Pitchers/Catchers Camp:\$30

- Wednesday, December 30
- 1:00 PM-4:00 PM
- Mechanics and Techniques

Details

Please add up the total from each of your camps and make checks payable to *Bowie High School*. Send registration to Bowie High School, c/o Coach Alvarez, 4103 Slaughter Lane, Austin, TX 78749

- The Bowie High School Baseball field will be the site of the camp, but will be moved inside in case of inclement weather
- The camp fee includes a T-shirt for every camper
- The instructors of the camps will be the Bowie baseball coaching staff

- All players should furnish their own bats, gloves, and shoes; other equipment will be provided
- Tennis shoes must be worn if workouts are held in the gymnasium

Camper name _____ Age _____

Parent name _____

Address _____

City _____ ZIP _____

E-mail Address _____

Home phone _____ Work phone _____

Emergency contact _____ Phone _____

Waiver of claims: I, as a parent or guardian, hereby give permission for my child to participate in the Bowie Winter Baseball Camp and acknowledge the fact that he or she is physically able to participate in camp activities. I hereby waive any claim I might have against Bowie High School, Austin Independent School District, and any of its agents which might arise from any injury or other damage my child may incur while on the property of the Austin Independent School District.

Parent/Guardian Signature

Date

(512) 414-7363 or (512) 627-1717 • www.bowiedawgs.org