



Albuquerque
Youth
Basketball
League

Welcome!

Albuquerque Youth Basketball League 2010-11

- Rules for Parents, Coaches and Spectators
 - Basketball Rules
 - Pursuing Victory with Honor
 - Bantam Rule Modifications



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Rules for Parents, Coaches and Spectators

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Rules for Parents, Coaches and Spectators

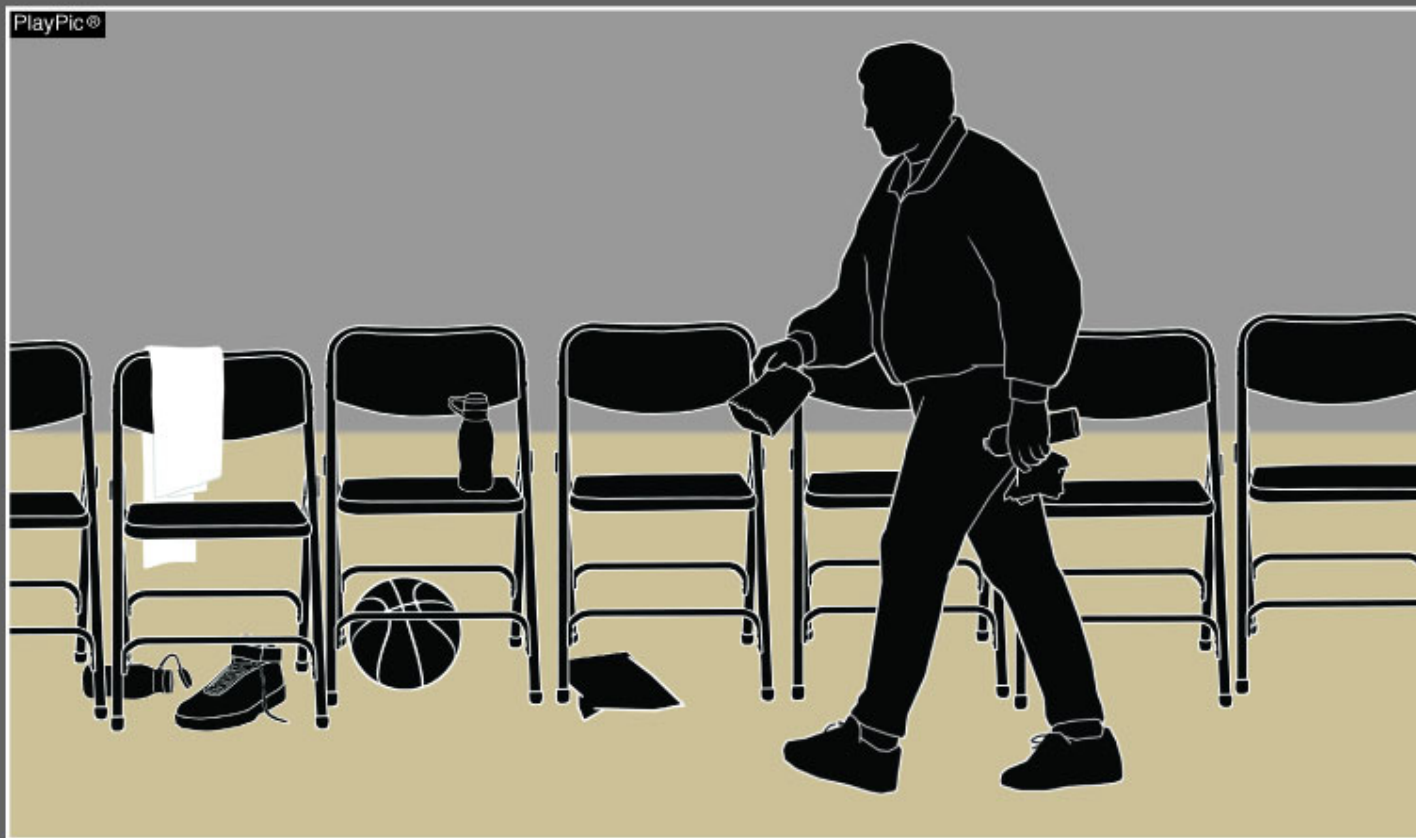


No food or drink in the gymnasiums.



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Rules for Parents, Coaches and Spectators



Coaches: You are responsible for cleaning up your bench area at the conclusion of your game.

Frame 4



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Rules for Parents, Coaches and Spectators



**Parents: Please supervise your younger children.
(No horsing around, running or pulling the fire alarm.)**

Frame 5



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Rules for Parents, Coaches and Spectators



Fans & Spectators: Please help put away chairs and equipment, pick up trash and help the gym monitor clean-up after the last game of the day or night.

Frame 6



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Rules for Parents, Coaches and Spectators



**APS-AYBL gym monitors are in charge of the facility.
Please cooperate with them for all reasonable requests.**

Frame 7



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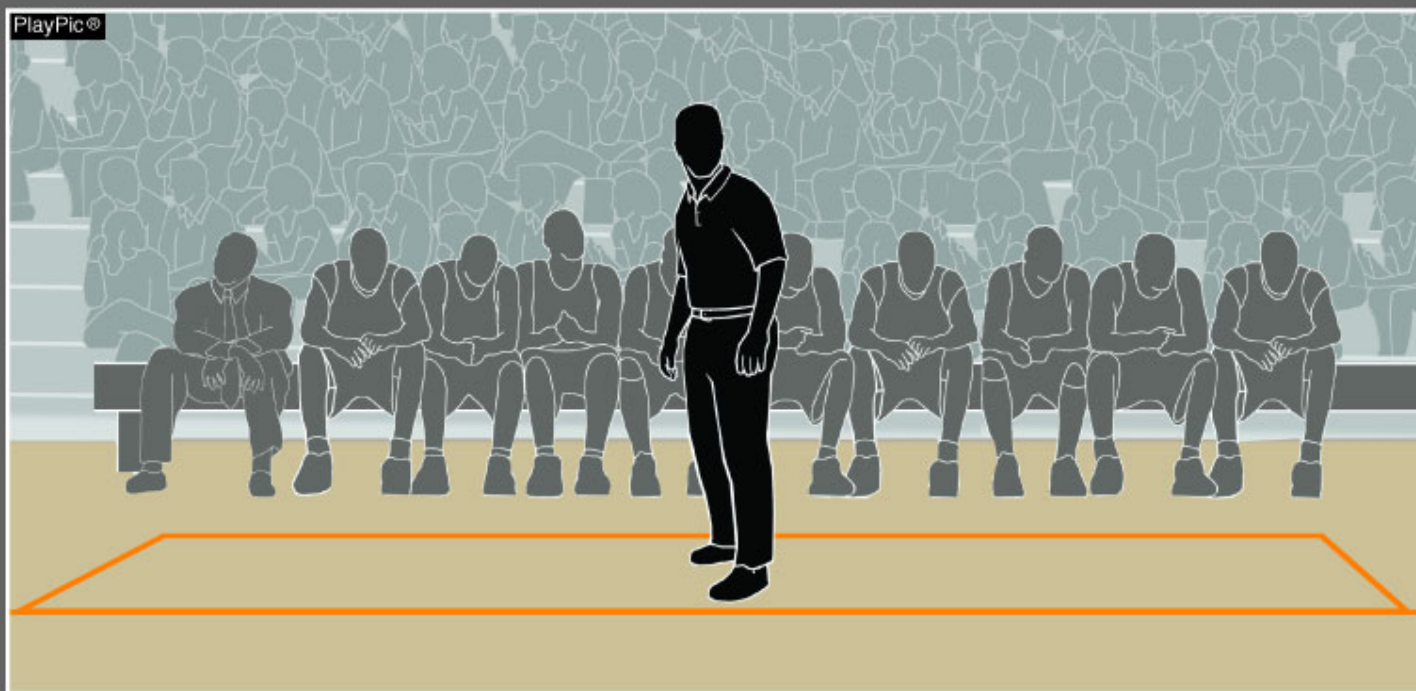
Basketball Rules

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Basketball Rules

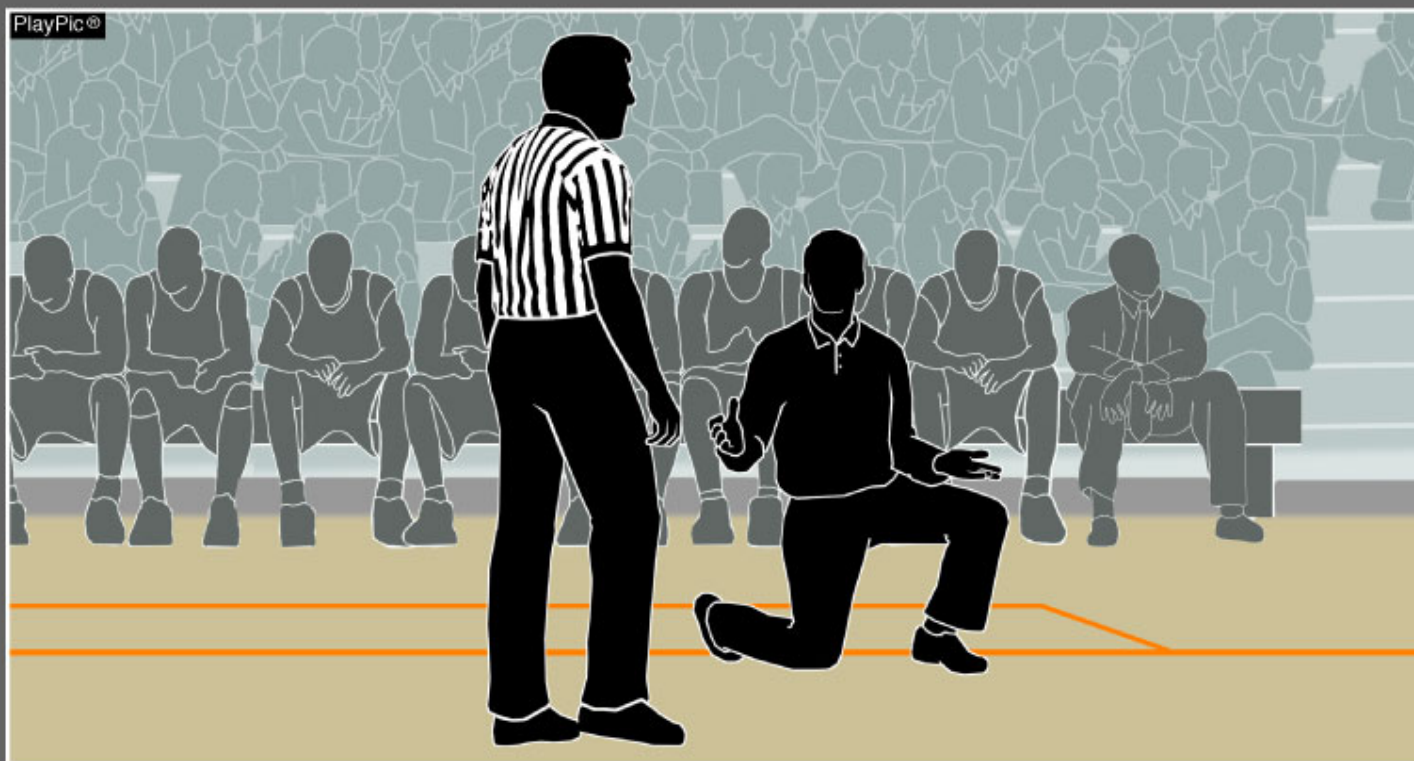


Only the head coach is permitted to stand within the confines of the coaching box (3'x14'). Assistants must remain seated (no kneeling or squatting.)



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Basketball Rules



Coaching box violations will result in a warning in the scorebook followed by a technical foul assessed to the bench, and the loss of the coaching box for the remainder of the game.



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Basketball Rules

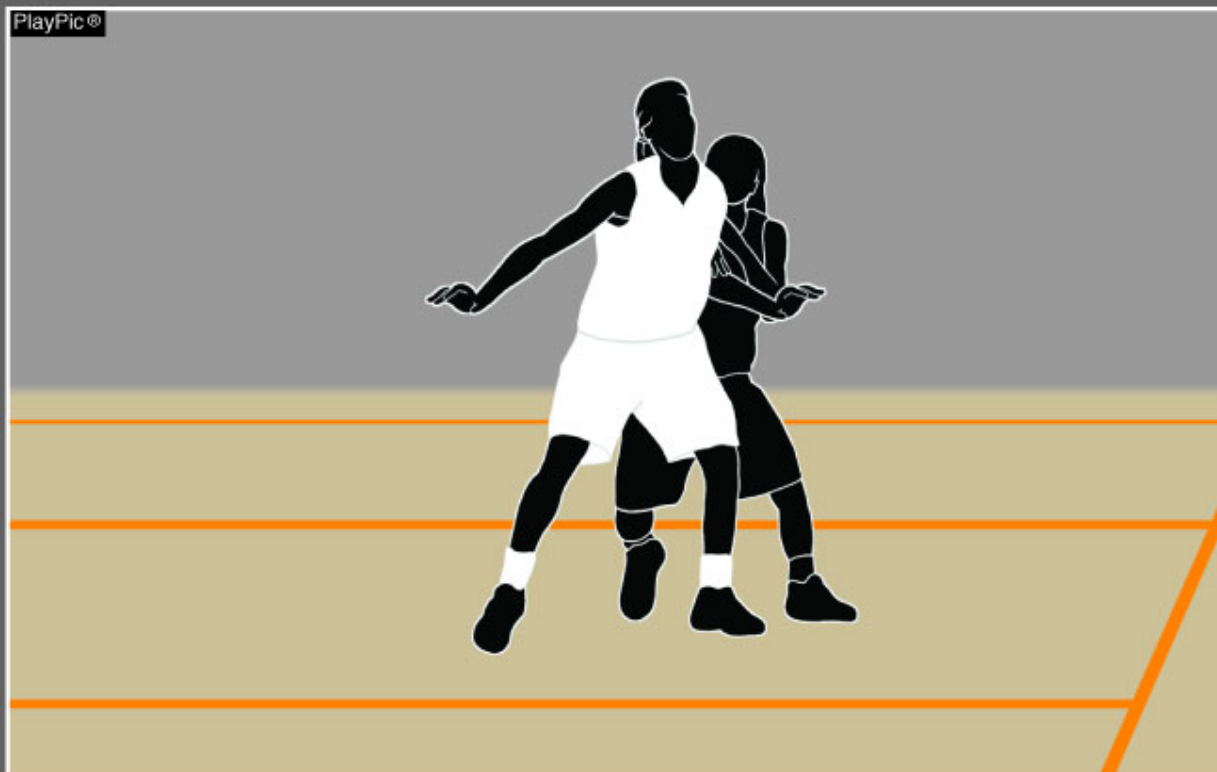


Participation Rule:
Every player must play a minimum of 15 minutes
and a maximum of 35 minutes.



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Basketball Rules

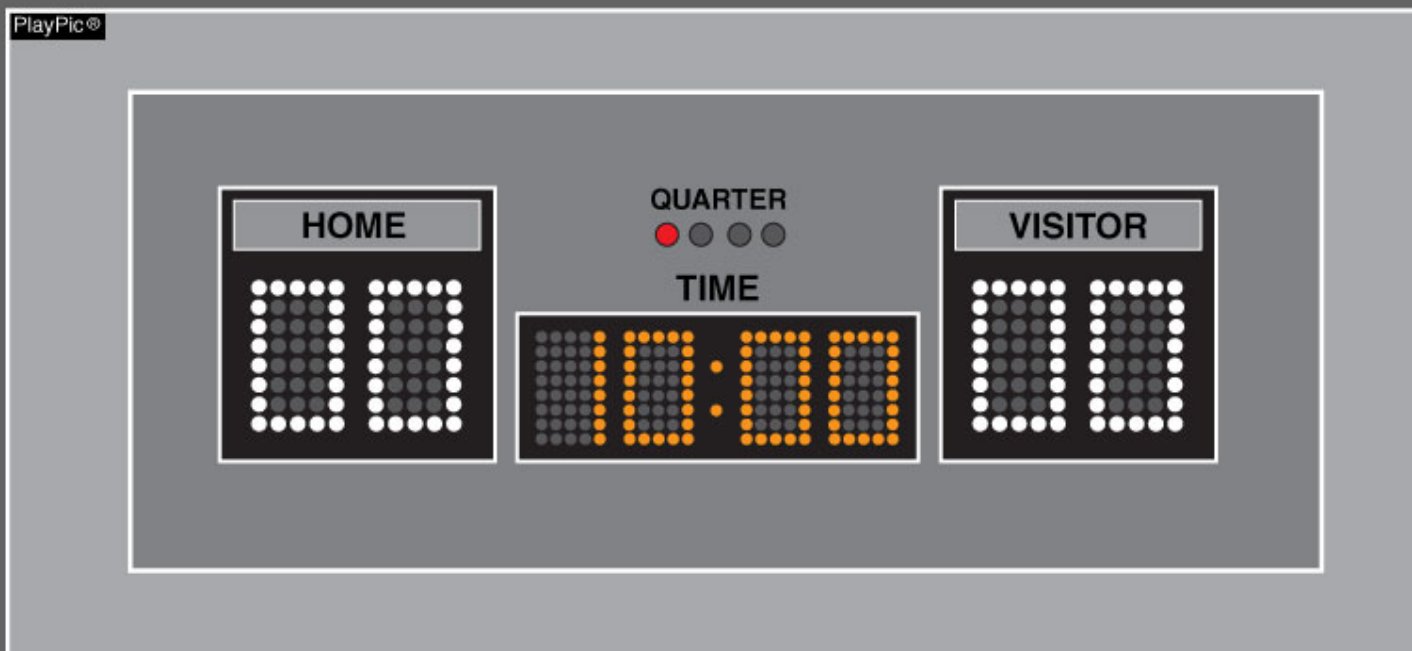


Referees will enforce rough play for displacement under the basket, setting screens and 3-second violations on a consistent basis.



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Basketball Rules

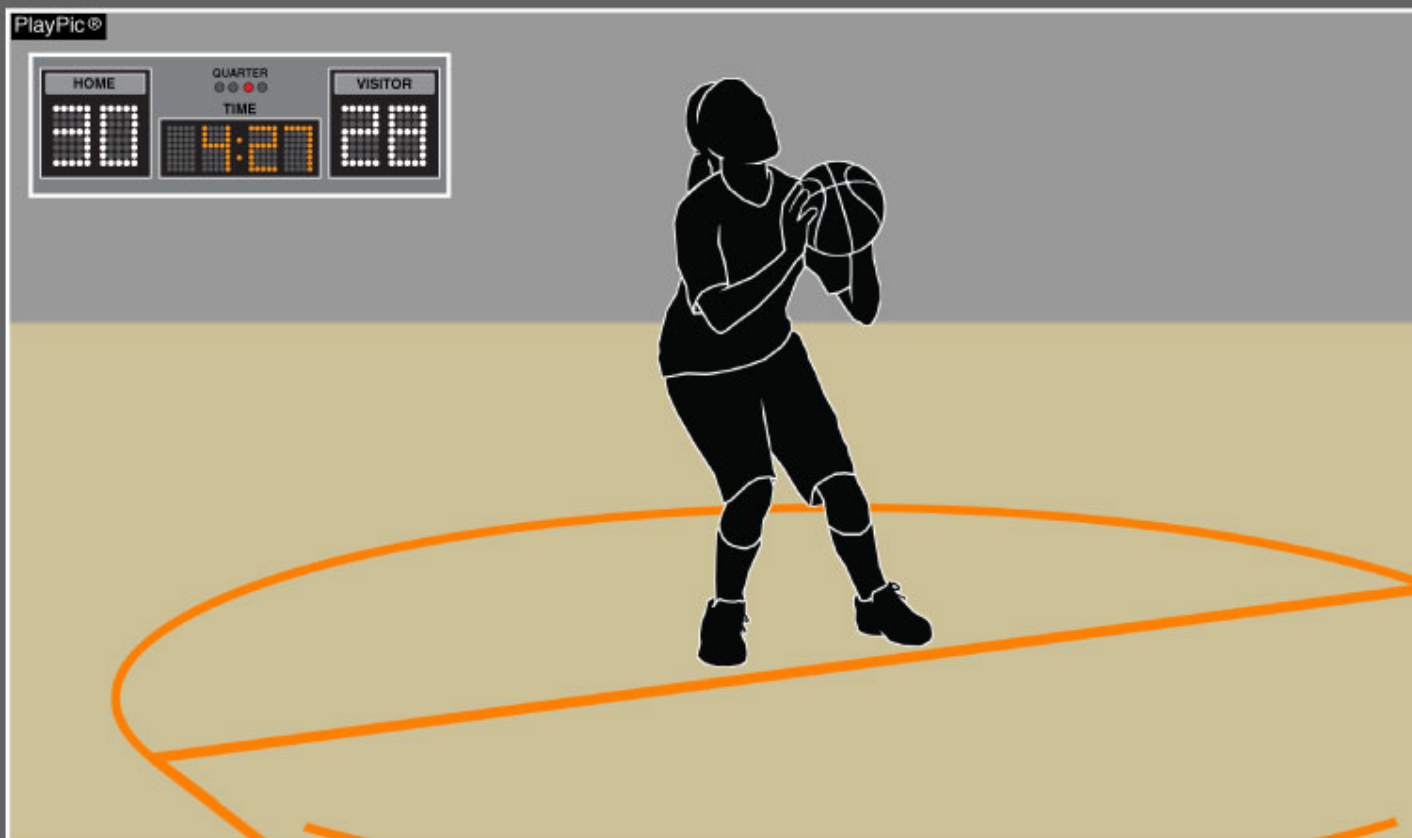


AYBL games consist of four 10-minute quarters. The clock will be stopped on all dead balls in the last minute of the first half and the last two minutes of the second half.



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Basketball Rules



Clock will stop on all free throws.



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Basketball Rules



Each team must provide a competent adult (over the age of 18) to keep score and/or run the clock for each game. Spectators are prohibited from yelling at table personnel.



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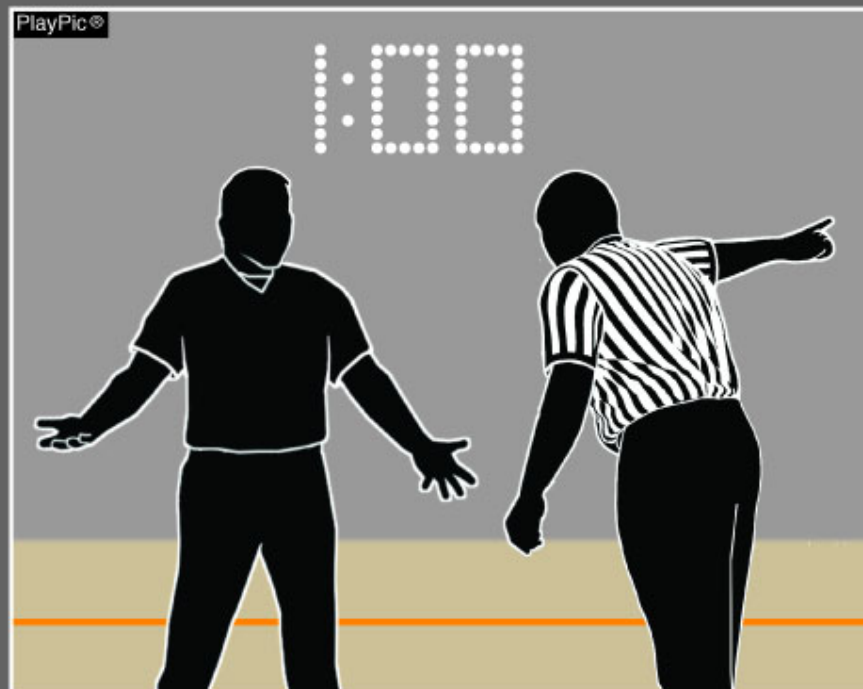
Pursuing Victory with Honor

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After a second technical foul has been given to a coach, he or she has one minute to leave the facility. Failure to do so will result in a forfeit and possible suspension.



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Spectators may not yell at the referees. Spectators who are asked to leave have one minute to leave the facility. Failure to do so will result in a forfeit.



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TEAM

Teach Enforce Advocate Model



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ROOTS

Respect for:

Referees Officials Other Team Team Self



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Albuquerque Youth Basketball League

Online Registration Begins
August 1, 2010
[Click on Registration](#)

Bantam-Juvenile Walk Up
Registrations on Saturday September 25
9:00 am - 1:00 pm @ NMAA
Print Form Save Time and Try on Uniforms
Deadline October 1, 2010

TEAM 1017

WE WANT TO TALK ABOUT WHAT YOU WANT TO TALK ABOUT.

Goal: Knowledge of the game rules for all participants.
Visit www.ayblbasketball.org



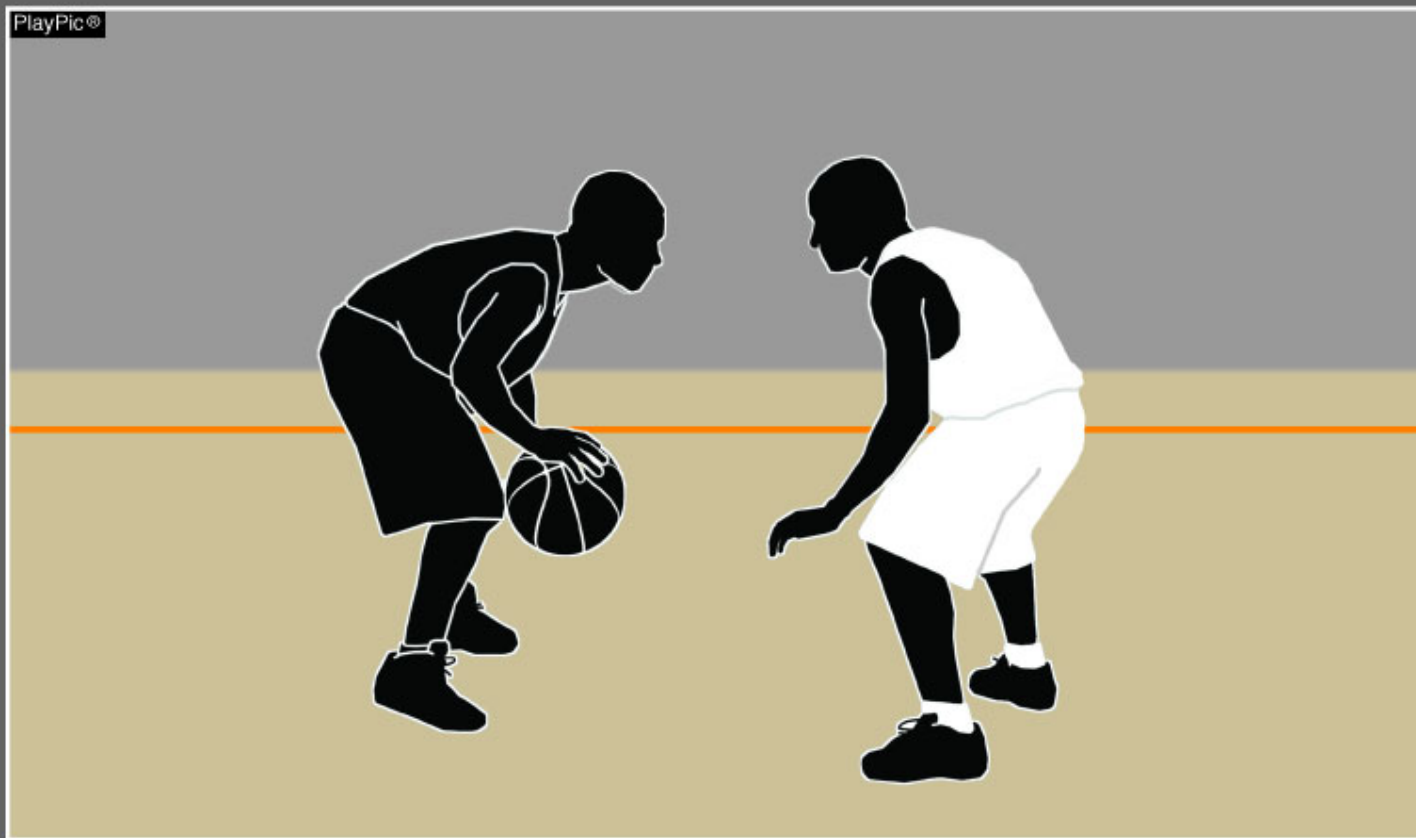
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Bantam Rule Modifications



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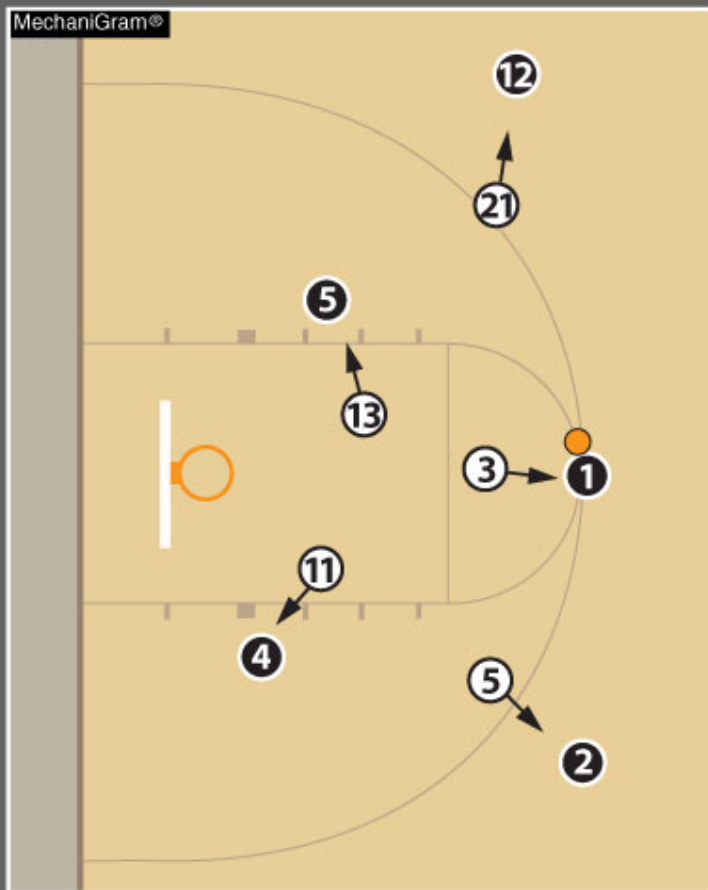


Man-to-man defense only. No zones allowed.



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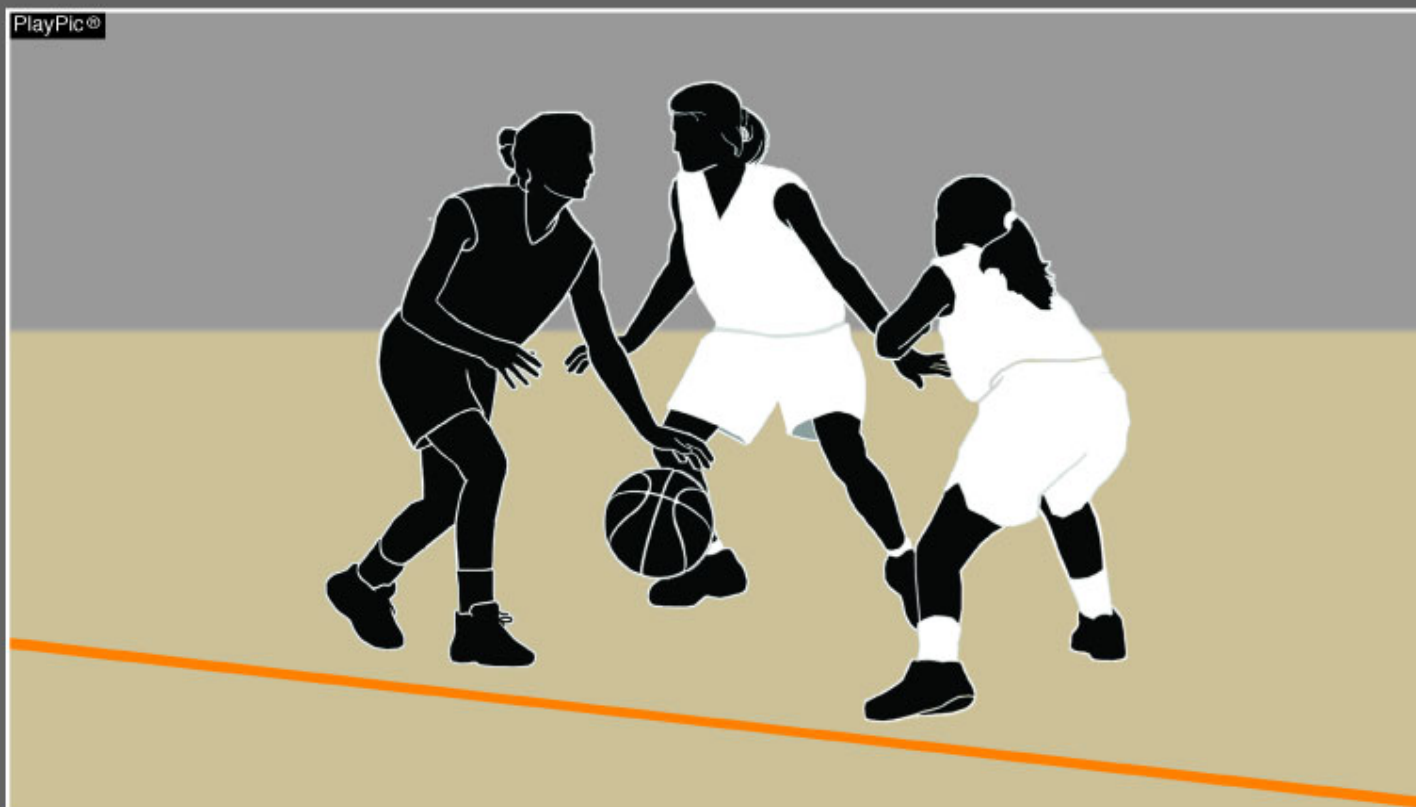


Teach solid man-to-man
defense with the triangle
and the ball and man
relationship.



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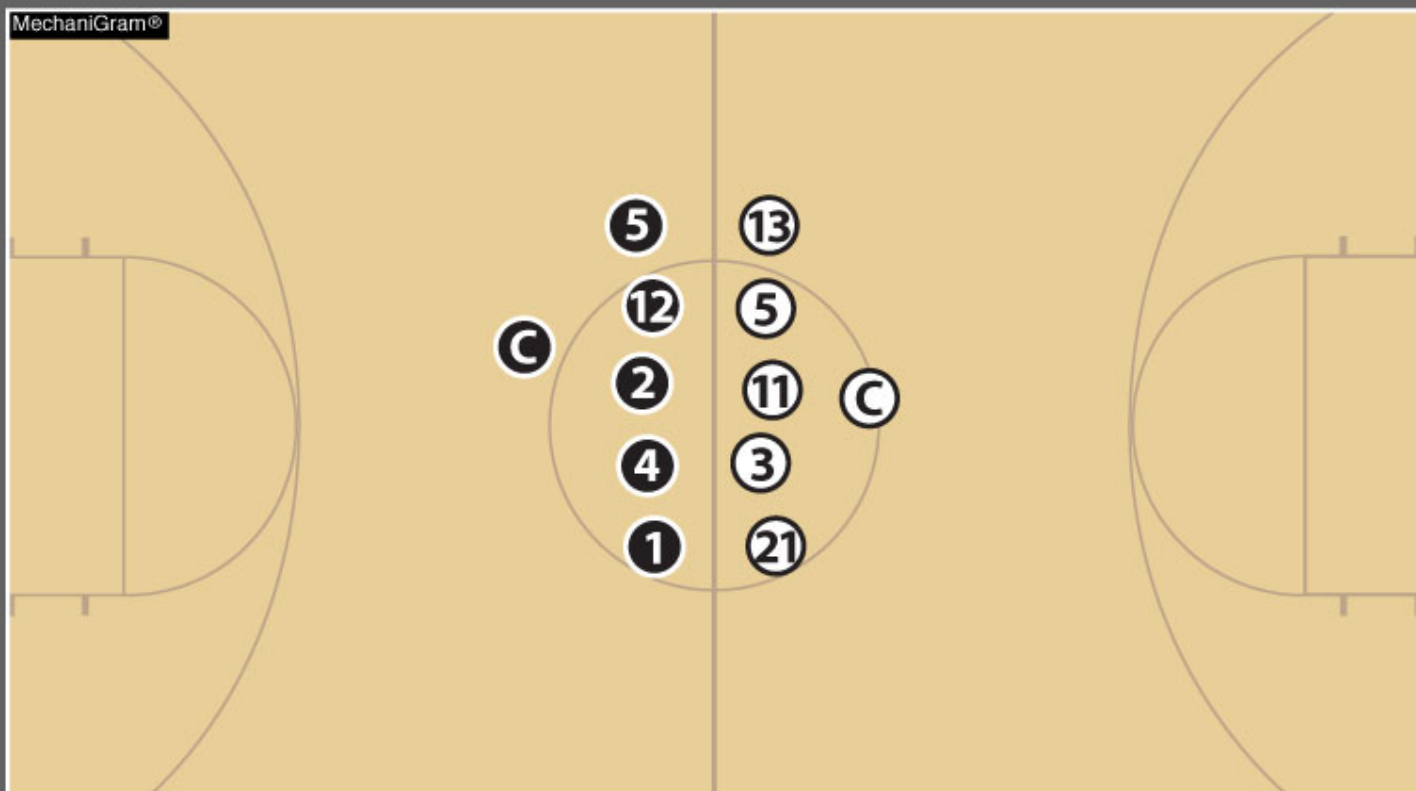


No double teams to trap in full court, half court,
or outside 3-point arc.



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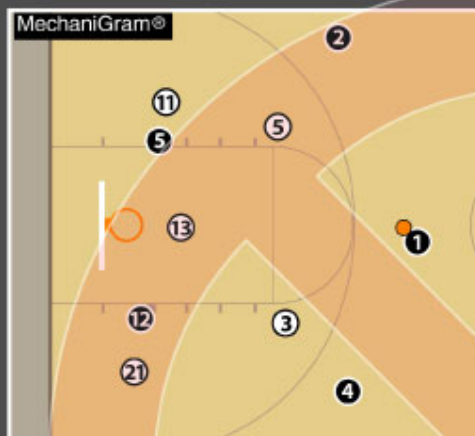
Line-up can be requested for players to find the person they are guarding.



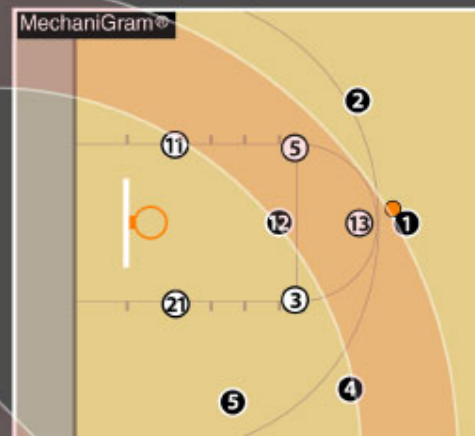
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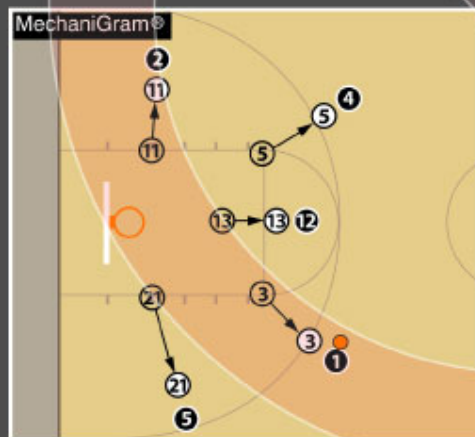
2-3 Zone



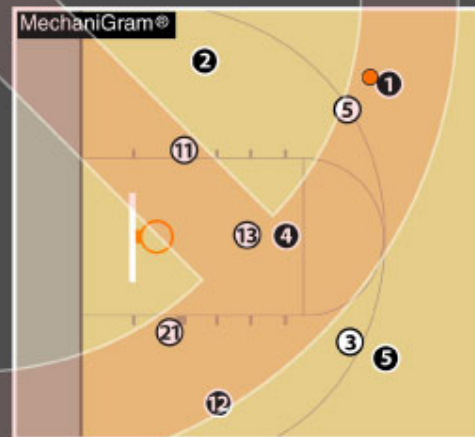
Box
+ 1



Match-up



Triangle
+ 2



No zone defenses.

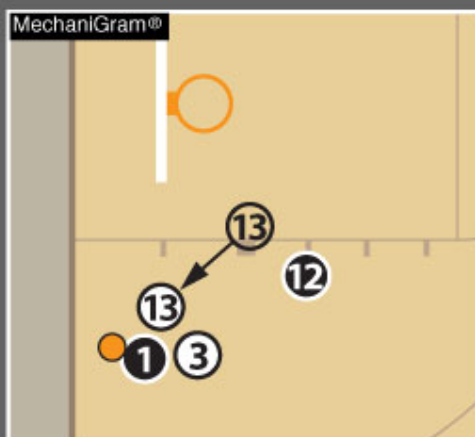


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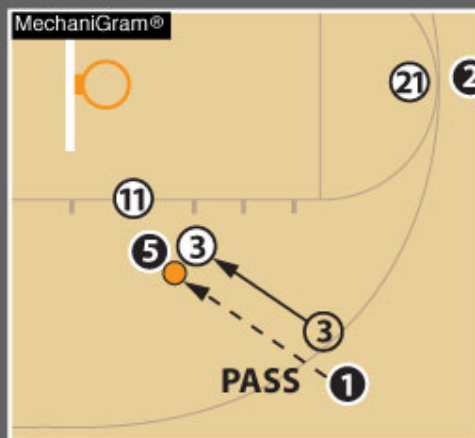
Bantam Rule Modifications

Double teams can occur inside the 3-point arc in the teaching of good man-to-man defense in the following situations:

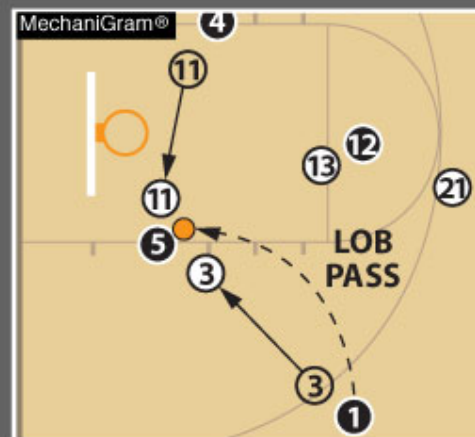
Trap on
Baseline
Drive



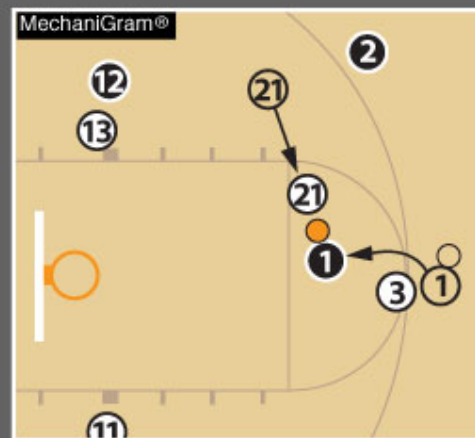
Double
Down on
Low Post



Low
Post for
Lob
Pass



Pinch
and
Recover



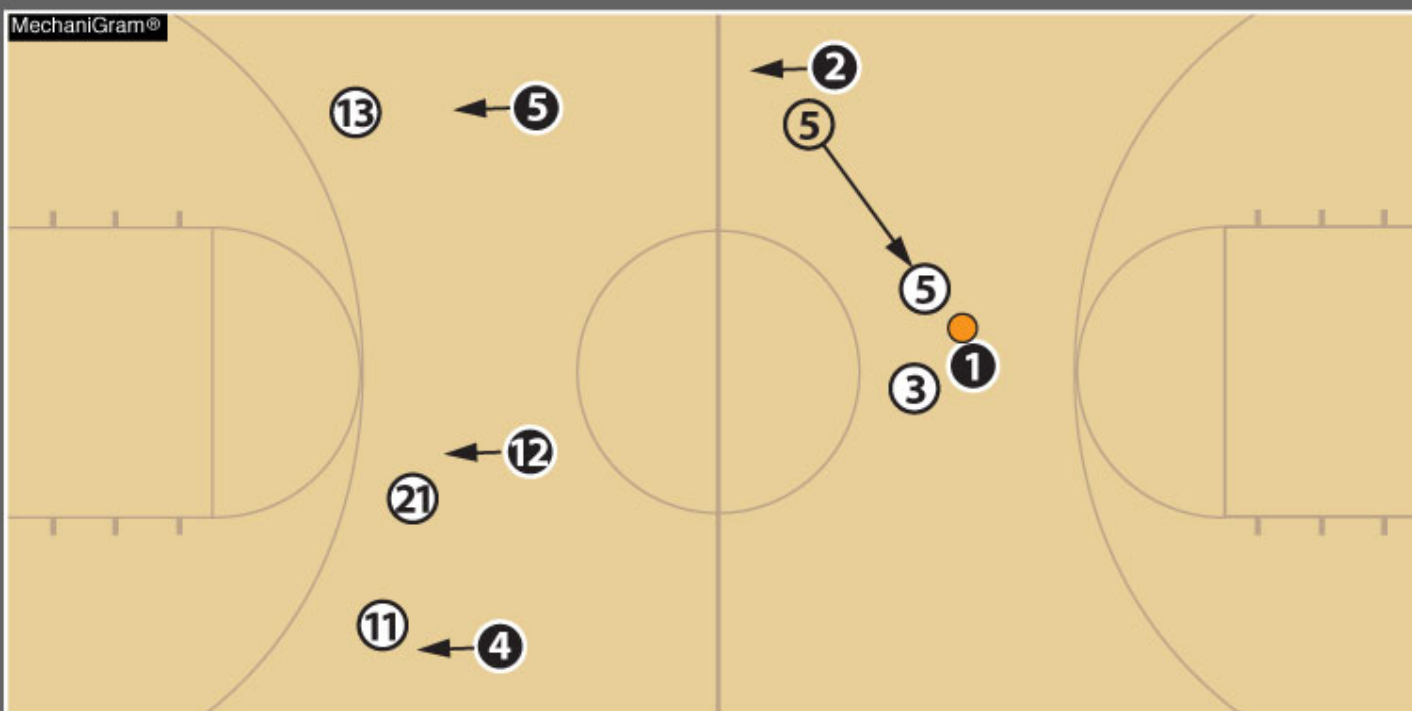
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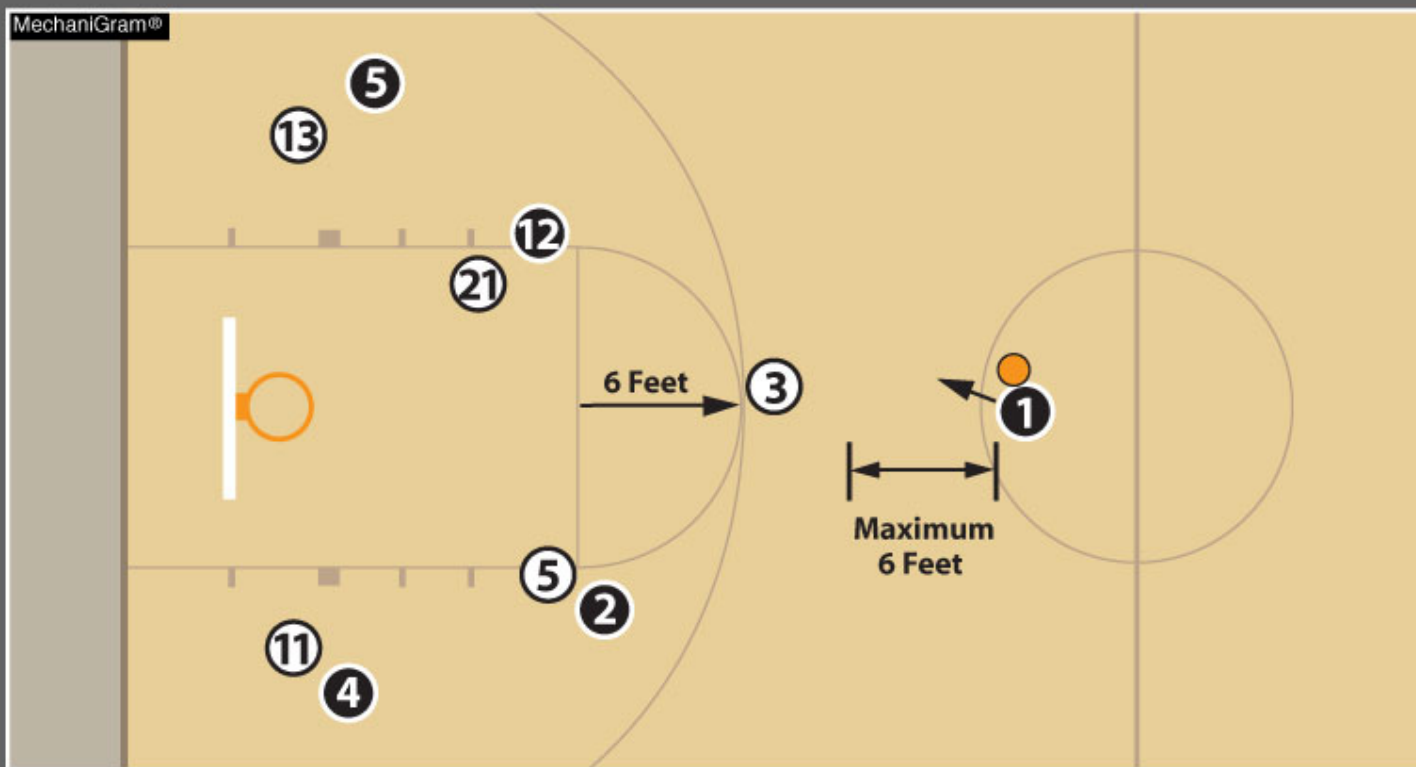


Teams may utilize a full court press in the fourth quarter only.
Trap or double team can only occur on player with the ball.
No zone presses.



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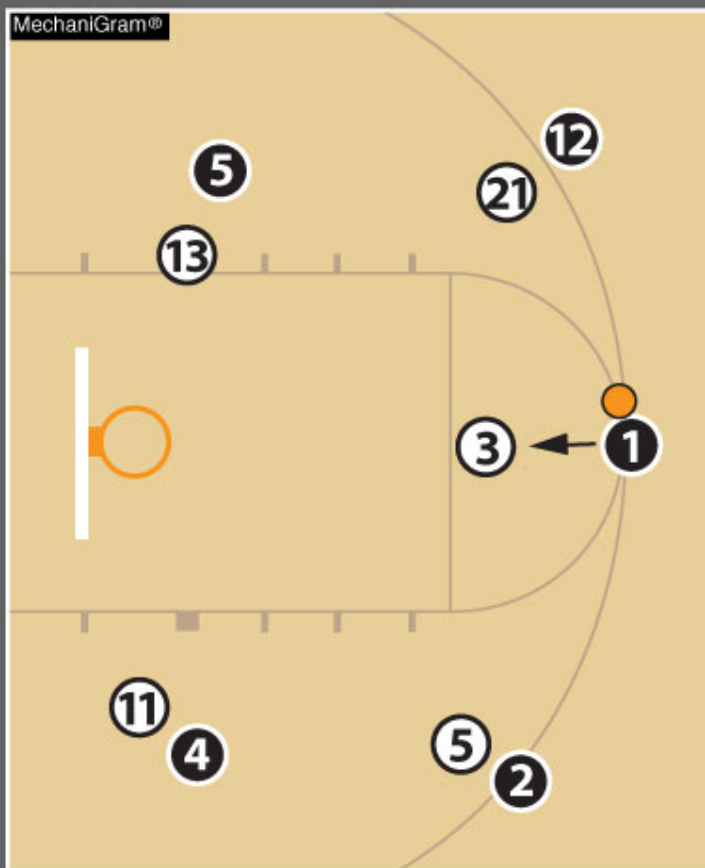


Closely guarded: Players must remain within six feet of the individual they are guarding or wait on the 3-point arc if offensive player is quicker.



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Bantam Rule Modifications



Coaches are to teach:

a. A motion or flex offense that involves all players. This encourages team play. Do not run a spread offense or four corners to isolate your best player. Inside the 3-point arc, a team can rotate and double team if their opponent runs four corners or plays for one player.

b. Man-to-man defense.



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**RESPECT
THE
GAME.**

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