



AYBL PARTICIPATION
RULE ILLUSTRATED
PLAYER DEVELOPMENT

Philosophy and Purpose

- AYBL is a youth developmental league that encourages all coaches to work with and develop all their players fundamentals and skills of basketball
- Because AYBL is competitive, we stress that coaches use their assistant coaches to help develop players, including their bench players as all **MUST** play 15 minutes
- Pay to Play: Parents pay so all kids play!

MINIMUM PLAYING TIME = 15 MINUTES

- Three (3) five (5) minute segments consecutive with no substitutions except for injuries and or illnesses
- Playing time recorded on AYBL score sheet
- Players must check in and line up for the official scorekeeper to record their numbers on the sheet
- No subs unless illness or injury.

MAXIMUM PLAYING TIME = 35 MINUTES

- Every player **MUST** sit out five (5) minutes subject to injuries and or fouls
- If a player has not sat out and the 4th quarter begins, they must sit out the first five (5) minutes of the 4th quarter.
- Coaches **MUST BE ETHICAL** and instruct players not to foul out on purpose to circumvent this rule

Example 8 Players

- 1 Quarter 10:00 #1, #2, #3, #4, #5 Play
- 1 Quarter 5:00 #10, #11, #12, #1, #2 Play
- 2 Quarter 10:00 #3, #4, #5, #10, #11 Play
- 2 Quarter 5:00 #12, #1, #2, #3, #4 Play
- 3 Quarter 10:00 #5, #10, #11, #12, #1 Play
- 3 Quarter 5:00 All Played 15 minutes
Open Subs
- 4 Quarter Open Subs

Example 9 Players

- 1 Quarter 10:00 #1, #2, #3, #4, #5 Play
- 1 Quarter 5:00 #10, #11, #12, #13, #1 Play
- 2 Quarter 10:00 #2, #3, #4, #5, #10 Play
- 2 Quarter 5:00 #11, #12, #13, #1, #2, #3
- 3 Quarter 10:00 #4, #5, #10, #11, #12 Play
- 3 Quarter 5:00 #13, Rest Open Subs
- 4 Quarter Open Subs

Example 10 Players

- 1 Quarter 10:00 #1, #2, #3, #4, #5 Play
- 1 Quarter 5:00 #10, #11, #12, #13, #14
- 2 Quarter 10:00 #1, #2, #3, #4, #5
- 2 Quarter 5:00 #10, #11, #12, #13, #14
- 3 Quarter 10:00 #1, #2, #3, #4, #5
- 3 Quarter 5:00 #10, #11, #12, #13, #14
- 4 Quarter Open Subs

11 Players – Special Permission AYBL Office

- 1 Quarter 10:00 #1, #2, #3, #4, #5 Play
- 1 Quarter 5:00 #10, #11, #12, #13, #14
- 2 Quarter 10:00 #15, #1, #2, #3, #4
- 2 Quarter 5:00 #5, #10, #11, #12, #13
- 3 Quarter 10:00 #14, #15, #1, #2, #3
- 3 Quarter 5:00 #4, #5, #10, #11, #12
- 4 Quarter 10:00 #13, #14, #15 Rest Open Subs
- 4 Quarter 5:00 Open Subs

AYBL Score Sheet

- Adult volunteer each team over age 18+
- Coaches fill out players-rosters
- Mark quarters played
- Mark running score
- **MARK TEAM AND PLAYER FOULS**
- Mark Individual Player Scoring
- 2-3 Basket and Free Throws Attempted and Made (0 for miss 0 filled in for made)

AYBL Clock

- Stop – start clock on referee whistle.
- Running Clock Except for:
- Free Throws (all)
- End of all Four Quarters
- Last one (1) minute of first half.
- Last two (2) minutes of second half.
- Sound horn for open substitutions when player check in at the scoretable.

Board Policy - Enforcement

- The playing time / participation rule will be enforced administratively
- Coaches should report offenses to league office and include copy of the score sheet
- League Director will follow up with the offending coach to determine penalties
- Game may be scored a 2-0 forfeit if a coach intentionally violates the spirit of this rule