

Camp is fully staffed with qualified and experienced **HIGH SCHOOL COACHES** and **COLLEGE PLAYERS**, with a **CERTIFIED TRAINER** on staff at all times.

## Head Varsity Coach **Billy Armstrong**

A star basketball player during his time at Bergen Catholic, Billy Armstrong takes over in the 2011-2012 season as the 5th varsity coach in BC's Basketball history. Armstrong was a 2-year starting point guard who helped lead the Crusaders to a (49-5) record which included county and state championships his senior season in 1994. Armstrong went on to play Division I NCAA Basketball at Davidson, and later played professionally in Europe and in the USBL and ABA.

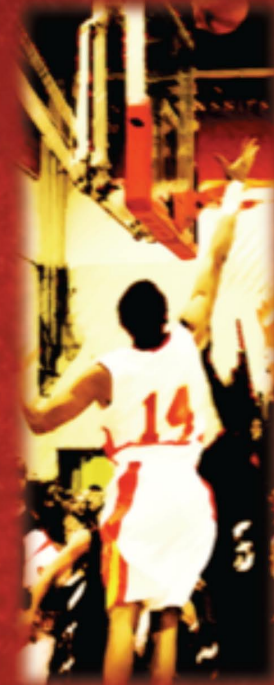
Billy inspires players and instills the same values, principles and life lessons that were imparted in him as a Crusader. He is truly grateful for the opportunity to have a positive impact on the lives of young athletes today, and the stars of tomorrow.



## Bergen Catholic Basketball

Record: (961-429) (69%) - 55 seasons -  
Parochial A North Sectional Titles: (9)  
Parochial A State Titles: (3)  
State Playoff Appearances: (43)  
Bergen Jamboree Titles: (8)  
Bergen Jamboree Record: (80-36) (69%)  
Bergen Jamboree Appearances: (44)  
League Titles: (14)  
Winning Seasons: 48 out of 54

*Trust, Care,  
Commitment*



# CAMP 2012

July 9-13  
July 16-20  
July 23-27

# BASKETBALL

# STAFF

A Tradition of  
**EXCELLENCE**



BERGEN CATHOLIC  
HIGH SCHOOL

BERGEN CATHOLIC

# BASKETBALL CAMP 2012



Join us for 3 weeks of camp designed for the motivated player wanting to **IMPROVE** their **AGILITY, BALL HANDLING, SHOOTING, TEAM SKILLS & GAME PERFORMANCE.**

**ACTIVITIES** include lots of **SKILLS & DRILLS**, plus:

**July 9-13**  
**July 16-20**  
**July 23-27**  
for Boys  
ages  
8-15

- 3 on 3 Tournament
- Team Playoffs
- Free Throw Competition
- 3 Point Competition
- Special Guest Speakers
- Individual & Team Awards
- Individual Written Evaluations
- "Go For It" & "Beat the Coach"
- Contests for a chance to win sneakers

## Location

Bergen Catholic High School  
1040 Oradell Ave, Oradell, NJ 07649  
Air-conditioned Gym – Outdoor Courts  
Cafeteria – Locker Rooms

## A Typical Day's Schedule

9:15 - 9:45	Dynamic Warm Up
9:45 - 10:00	Agility Drills
10:00 - 11:00	Ball Handling Workout <b>9 am to 3 pm</b>
11:00 - 12:00	3 on 3 Games
12:00 - 12:30	Lunch*
12:30 - 1:00	Contests
1:00 - 2:00	5 on 5 Games
2:00 - 2:30	Team Development Skills
2:30 - 2:45	End of Day Review
2:45 - 3:00	Contests/Dismissal

**201-666-1779**

EMAIL: [barmstrong@bergenatholic.org](mailto:barmstrong@bergenatholic.org)  
[bergenatholicbasketball.com](http://bergenatholicbasketball.com)

Camper's  
Name \_\_\_\_\_

Age \_\_\_\_\_ Sept '12 Grade \_\_\_\_\_ Sept '12 School \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**FOOD ALLERGIES OR MEDICAL CONDITIONS**

Parent/Guardian's  
Name \_\_\_\_\_

Parent/Guardian's  
Cell # \_\_\_\_\_

E-mail \_\_\_\_\_

**Weeks:**

- July 9-13
- July 16-20
- July 23-27

**Cost:**

- 1 week \$245
- 2 weeks \$470
- 3 weeks \$695
- Sibling discount \$25 off each additional child



Circle camper's ADULT  
Men's T-shirt size:

S M L XL

As the parent/legal guardian of the child named above, I give my full consent and approval for my child to participate in **BERGEN CATHOLIC'S BASKETBALL CAMP**. I understand that there are certain risks of injury inherent in the practice and play of basketball, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is fully capable of participating in the camp's activities. In addition, I do hereby waive, release and hold harmless BC Basketball Camp, its officers, coaches, supervisors, and representatives for any injury that may be suffered by my child in the normal course of participation in the camp and its activities.

Parent  
Signature \_\_\_\_\_ Date \_\_\_\_\_

# TRUST CARE COMMITMENT

Mail form to **BERGEN CATHOLIC HIGH SCHOOL**, Attn: Billy Armstrong, 1040 Oradell Ave, Oradell, NJ 07649 with check payable to "Bergen Catholic Basketball" for enrollment.

BERGEN CATHOLIC'S BASKETBALL CAMP