



News From the Spartan Nation

Issue IX
April 10, 2009

Dear Spartan Supporters,

I am very pleased to report that we have achieved our GPA goal of a 3.0 for the third grading period. Our overall team GPA is a 3.09.

Every grading period this year we have reached our goal. Hopefully we can be 4 for 4 this school year. This is the most important grading period for our football team. This grading period determines the eligibility for the football team.

Each player MUST pass 5 credits this nine weeks. Physical education only counts as a half of credit so this does not help us. If your son needs help in a class they need to get help at the beginning rather than the end of the nine weeks.

On March 7th, we competed at the Columbiana Power Meet. We finished first as a team. There were close to 400 lifters at the meet. We had 20 of our players get a medal or trophy. Special recognition goes out to Rob Boyd who set a new deadlift record in the 195 pound weight class and also to Mike McKinney who set a deadlift record in the 225 weight class. More results are on page 2.

May 18th we will hold the 23rd annual lift a thon. The program will start at 7:00 in the high school cafeteria. We have the honor of having 1996 graduate DJ Durkin as our guest speaker. We will also have a freshman parent meeting at this time with our new freshman coach Tom Zetts. After the meeting in the cafeteria we will move into the gymnasium and watch our team maxout on the bench press.

Each cycle that we do in the weightroom, we have a contest to see who can reach the highest number of their goals. We have each player come up with five goals for the weightroom. This winter's winners are Austin Main and Mike McKinney. They both reached four of their five goals.

**The Toughest Team In Ohio
Be a Great Teammate**

**3.0
W.A.R.**

4.0

Kevin Johnson	Mike Hardie
Sam Cambouris	John Kuczek
Greg Durkin	Cameron Rogers
	Zach Zidian

3.5 - 3.99

Tyler Blangero	Trevor Ragan
Dave Macek	Dan Kennedy
Mike McKinney	Veuntrae Robinson
Anthony O'Nesti	Luis Salomon
Noah Patoray	Carmen Tarantino
Jay Petch	Zach Machuga
Ryan Phillis	Derek Pasquale
	Dan Popio

3.0 - 3.49

Rob Boyd	Adrian Heston
Vito Buonavolonta	Joe Markovitch
Nick Fajack	Harry Wolfe
Dan Fernback	Brian Yatsco
Chase Hammond	Eric Yovanovich
Nick Buonavolonta	Shawn Fiffick
Chris D'Apolito	Brian Smith
Josh Donatelli	Allen Starkey
	Jordan Wolfe

NHS Members

We would like to congratulate three members of the 2009 football team that got nominated into the National Honor Society. Kevin Johnson, Anthony O'Nesti, and Noah Patoray were inducted on April 1st. Members from this past football team included Alex Antonucci, Alex Lipinsky, Rob McBride, and Dan Morris. Great job on receiving this honor.

New Coaches

We are excited to announce two new additions to the Boardman coaching staff. Pat Birch and Tom Zetts are the new additions.

Pat Birch is a 2002 graduate of Springfield Local and a 2007 graduate of Baldwin Wallace College. In college he was 2 year letterwinner and started in the secondary at corner. Coach Birch teaches social studies in the high school. Pat will be helping with the secondary and helping with equipment. He spent one year at Hudson where he coached basketball before coming to Boardman.

Boardman High graduate of 2003, Tom Zetts, will be the Head Freshman Football Coach this coming year. Coach Zetts was a captain of the Boardman High football team in 2002 before going to Youngstown State. While at YSU he was a four year starting QB, was elected captain his senior year, and owns 11 passing records. Tom currently teaches high school math.

Lift-A-Thon

On May 18th, we are privileged to have DJ Durkin be our guest speaker at the 23rd annual Boardman Football Lift-a-thon. Coach Durkin is a 1996 Boardman High School graduate. While playing for Boardman he was elected captain on a team that played in the state semi-finals. After graduation he lettered four times at Bowling Green State University and was only the second junior ever to be elected captain. After graduation he coached at BGSU for two years, then coached at Notre Dame, and currently is the recruiting director at Stanford University.

2009 Schedule

Fri. 8/28	Mooney	Home
Fri. 9/4	Cuyahoga Falls	Away
Fri. 9/11	Chaney	Home
Fri. 9/18	Lake	Home
Fri. 9/25	Perry	Away
Fri. 10/2	Hoover	Home
Fri. 10/9	Jackson	Away
Fri. 10/16	GlenOak	Home
Fri. 10/23	McKinley	Away
Fri. 10/30	Rival	Home

College Football

Pat McFall is moving on to Bowling Green State University where he will be a preferred walk on. Pat is getting half of his tuition off because he received a 29 on his ACT. He will join 2008 graduate Nick Tuminello on the at Bowling Green.

Top Ten Squat

McKinney	500
Salomon	465
Macek	445
V Buonavolonta	435
Fajack	425
Phillis	425
Taumoepeau	425
Son	415
O'Nesti	410
Lyle	405
Popio	405

Top Ten Bench

Taumoepeau	315
Main	315
Walls	315
Garner	305
Ocasio	300
D'Altorio	290
V Buonavolonta	275
Fajack	275
Fernback	275
Ragan	265

Top Ten Deadlift

V Buonavolonta	610
McKinney	610
Macek	585
Boyd	565
Fernback	560
Taumoepeau	555
Main	545
Salomon	535
Fajack	530
Petch	525

Top Ten Clean

Moore	285
Fernback	280
Taumoepeau	280
V Buonavolonta	275
Jones	275
Macek	275
Zidian	270
Porter	265
Boyd	260
Fajack	255
McKinney	255
Patoray	255
Phillis	255

Spartan Loop

Robinson	8:19
McCurdy	8:23
Fiffick	8:37
Petch	9:09
Ragan	9:12
D'Altorio	9:15
Moore	9:18
Johnson	9:20
Walls	9:20
Yovanovich	9:21

Columbiana Power Meet

125 Harry Wolfe	1st Top Squat
Brandon Hull	2nd
135 Gavin White	1st Top Bench, Squat
Shawn Fiffick	6th
155 Nick Buonavolonta	3rd
165 Billy McCurdy	2nd
Vin D'Altorio	3rd Top Bench
Zach Machuga	Top Squat
175 Sam Porter	4th

195 Dan Fernback	1st
Rob Boyd	3rd Deadlift
Trevor Ragan	4th
Anthony O'Nesti	6th
210 Jay Petch	6th Top Deadlift
225 Mike McKinney	1st Squat, Deadlift
Dave Macek	4th
Luis Salomon	5th
250 Vito Buonavolonta	5th
Austin Main	6th
UNL.Tim Taumoepeau	4th