



Boulder High School Summer Youth Lineman Camp

Where: Boulder High School

Who: 3rd – 9th grades

When: Wednesday, July 8th

Time: 6:30 PM – 8:30 PM

Cost: \$50

The coaching staff at Boulder High School is committed to developing fundamental skills and knowledge to help youth linemen succeed during the fall.

This Linemen camp will be designed to:

- Develop running form/technique in Line position movements**
- Increase agility and flexibility in Line position movements**
- Increase overall technique**
- Increase the understanding and knowledge of the game.**

We will have the varsity staff from Boulder High School, as well as several other area high school coaches, strength and conditioning trainers. Safety in all activities will be emphasized as well.

If you have any questions please feel free to contact **Jeff Santee @ 720-323-2758** or email him @ jpsantee@yahoo.com.