



Hawk Talk



VOLUME 17 ISSUE 1 AUGUST 13, 2009

WELCOME HAWKS TO ANOTHER SEASON

Important Dates to Remember

Mandatory Parents Meeting

Monday, August 17th 6:30pm in the corner by equipment container.

Friday, August 21st: Scrimmage game in Enumclaw 6pm-8pm location TBA.

Saturday August 22ND: Certification Weigh In 12:00 PM, Kent Meridian High School
Your child must weigh in wearing only their game jersey and a pair of shorts.

Saturday, August 29th: Pictures 9:00am Steel Lake Park. Cheer pictures date TBA.

Sunday, September 13th : First Game vs. Auburn



Birth Certificates

If you are new to the Hawks, and have not turned in your birth certificate, please do so as soon as possible. It must be in before the 18th of August in order for your child to be certified.

2009 SCHEDULE

Sunday September 13th v. Auburn @ FW High School
 Saturday September 19th v. SWAC @Sealth High School
 Saturday September 26 v. Benson @FW High School
 Sunday October 4th v. Sumner @FW High School
 Saturday October 10th v. Kent @ French Field
 Saturday October 17th v. Maple Valley @ FW High School
 Sunday October 25th v. Puyallup @ Sparks Stadium

Please check your Hawk Talk or website regularly, as schedules may be subject to change.



CHEER CORNER



FRIENDSHIP DAY!

SUNDAY AUGUST 16TH IS CHEER FRIENDSHIP DAY AT THE BRANNAN PARK, IN AUBURN FROM 12:00 PM UNTIL 4:00. HOT DOG LUNCHES WILL BE AVAILABLE FOR PURCHASE.

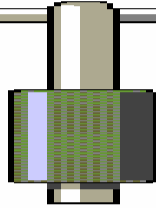
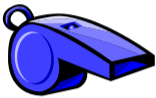


THANK YOU PACIFIC OFFICE AUTOMATION FOR PRINTING OUR HAWK TALKS ONCE AGAIN THIS SEASON!!!

WANT YOUR \$50 VOLUNTEER DEPOSIT REFUNDED? VOLUNTEER AT TWO HAWK HOME GAMES!

Please be Courteous..

When practice is over, do not cross the dirt soccer field, when they are having practice. They are not allowed on our fields, so we need to respect their space.
Thanks



Attention Coaches!

Please visit www.nays.org and become a certified coach. There must be at least two NYSCA certified coaches, per team. Cost is \$25 and is good for one year. Certified coaches may renew their membership at this site as well.

Washington State Concussion Law

It is required by PSJFL that all parents, participants, coaches and board members sign off on this new law in order to participate in any PSJFL event. If you and your child have not signed this paper work it must be done no later than today. Anyone not signed off will not be certified by PSJFL and will not be eligible to play the 2009 season.

Please help us keep our players and cheerleaders safe, by informing us of any injuries sustained outside our program.

Remember any player or cheerleader who is injured and requires medical attention, must have a note from that physician to return to play.

Thanks so much for your cooperation and let's have a fun and safe season! **GO HAWKS**



No Smoking

Please remember there is no smoking on School grounds. Also if you bring peanuts or sun flower seeds to practice, bring something to put the shells in, please help us keep our parks clean. Note: There are no sunflowers seeds allowed at any of our game locations. Please also be aware that many of our game locations only allow water on the sidelines. Thank You.

Parking

Due to the remodeling of Lakota Middle School parking is a real challenge this season, and we apologize for the inconvenience. Do not park inside the construction area. When the workers go home, they will lock the gate and you will not have access to your vehicle until the following day. Also we were informed this week that the church across the street will tow vehicles parked in their lot. You might consider car pooling with another player/cheerleader to help ease the congestion. Please bear with us, as we try to sort this out.



Hawk Shop



The Hawk Shop item of the week is the toasty warm stadium jacket, on sale next week for \$45, that's a savings of \$20. Yes it may be warm now, but beat the cold weather and get yours today!