

**Liberty District Championships 2010**  
**Held at Wakefield Park Audrey Moore RECenter**  
**Results**

**Event 1 Boys 200 Yard Medley Relay**

**Dist. Record: 1:37.96 ! 1/26/2008 Thomas Jefferson High School TJ**  
**W Gong, J Christensen, B Tuben, M Callahan**

**1:37.02 AAA**  
**1:38.50 AAC**  
**1:41.69 STA**  
**1:44.82 REG**

| Team                           | Relay                   | Seed Time                 | Finals Time                 |
|--------------------------------|-------------------------|---------------------------|-----------------------------|
| 1 Langley High School          |                         | 1:37.71                   | 1:36.82! AAA                |
| 1) Richards, Stephen SR        | 2) Katis, Chuck JR      | 3) Brumas, Alex JR        | 4) Pivik, Chris SR          |
| 2 Fairfax High School          |                         | 1:39.57                   | 1:42.00 REG                 |
| 1) Johnson, Patrick SR         | 2) Cosgrove, Michael SR | 3) Scibilia, Tommy SR     | 4) Rossbach, Peter SR       |
| 3 South Lakes High School      |                         | 1:43.02                   | 1:42.39 REG                 |
| 1) Dillon, Brad SR             | 2) Hazelton, Nick SR    | 3) Shada, Sean JR         | 4) Grimmatt-Norris, Mike SR |
| 4 James Madison High School    |                         | 1:43.65                   | 1:43.57 REG                 |
| 1) Simon, Jackson SO           | 2) Wang, Howe FR        | 3) Fallavollita, David JR | 4) Webb, Charlie SR         |
| 5 McLean High School           |                         | 1:54.96                   | 1:44.09 REG                 |
| 1) Putnam, Charlie JR          | 2) Southern, Ben FR     | 3) Lee, Edward JR         | 4) Fitzgibbon, Colin SR     |
| 6 Thomas Jefferson High School |                         | 1:36.31                   | 1:44.81 REG                 |
| 1) McMurray, Evan JR           | 2) Howard, Steven SR    | 3) Sturm, Zach SO         | 4) Bouchard, Joey SR        |
| 7 Stone Bridge High School     |                         | 1:48.88                   | 1:48.58                     |
| 1) Kost, Nick FR               | 2) Ashley, Matt FR      | 3) Gambla, Tim SR         | 4) Schierling, Luke JR      |

**Event 2 Girls 200 Yard Medley Relay**

**Dist. Record: 1:50.27 ! 1/29/2005 South Lakes High School SL**  
**M Christensen, L Dillon, C Bellis, N Pederson**

**1:49.01 AAA**  
**1:50.85 AAC**  
**1:53.59 STA**  
**1:57.09 REG**

| Team                           | Relay                    | Seed Time                | Finals Time              |
|--------------------------------|--------------------------|--------------------------|--------------------------|
| 1 McLean High School           |                          | 1:55.25                  | 1:51.31 STA              |
| 1) Greene, Eva JR              | 2) Springsteen, Annie FR | 3) Harlow, Margaret SR   | 4) Yensen, Katie JR      |
| 2 James Madison High School    |                          | 1:57.26                  | 1:53.28 STA              |
| 1) Mottola, Lindsay JR         | 2) Fletcher, Sami SO     | 3) Bertolett, Liz JR     | 4) O'Reilly, Katarina SR |
| 3 Langley High School          |                          | 1:52.80                  | 1:53.72 REG              |
| 1) Rose, Caitlin FR            | 2) Schirm, Karen JR      | 3) Howard, Megan JR      | 4) Overend, Meghan JR    |
| 4 Fairfax High School          |                          | 1:58.19                  | 1:55.20 REG              |
| 1) Wray, Rachael SO            | 2) Ferguson, Matty FR    | 3) Dillinger, Natalie FR | 4) Surette, Marla FR     |
| 5 Thomas Jefferson High School |                          | 1:56.82                  | 1:55.81 REG              |
| 1) Lan, Anna SR                | 2) Collins, Aedan SO     | 3) Wang, Grace SR        | 4) Laffosse, Lauren SR   |
| 6 Stone Bridge High School     |                          | 1:51.94                  | 1:58.00                  |

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|                                                         |                         |                                 |                                  |
|---------------------------------------------------------|-------------------------|---------------------------------|----------------------------------|
| 1) Pollock, Apple SO<br>7 South Lakes High School       | 2) Richards, Anne FR    | 3) DeGooyer, Dani JR<br>2:01.03 | 4) Haynes, Paige SR<br>1:59.56   |
| 1) Sennett, Emily SO<br>8 George C Marshall High School | 2) Berman, Rachel FR    | 3) Morris, Maggie SR<br>2:09.10 | 4) Scoggin, Sierra SO<br>2:14.13 |
| 1) Bennett, Elaine SR                                   | 2) Noordhuizen, Leah JR | 3) Weldon, Rylie SO             | 4) Kreykes, Miriam FR            |

**Event 3 Boys 200 Yard Freestyle**

**Dist. Record: 1:43.31 ! 1/27/2007 Cameron Gledhill McLean-**  
**1:41.46 AAA**  
**1:42.97 AAC**  
**1:46.59 STA**  
**1:51.31 REG**

| <b>Name</b>             | <b>Yr School</b>                 | <b>Seed Time</b> | <b>Finals Time</b> |
|-------------------------|----------------------------------|------------------|--------------------|
| 1 Pennington, Adam      | SR James Madison High School     | 1:46.35          | 1:43.21! STA       |
| 2 Seliskar, Stephen     | SO Thomas Jefferson High School  | 1:43.81          | 1:43.39 STA        |
| 3 Natal, Ryan           | SO Langley High School           | 1:44.96          | 1:43.71 STA        |
| 4 Putnam, Charlie       | JR McLean High School            | 1:53.21          | 1:45.02 STA        |
| 5 Hashemi, Cyrus        | SO George C Marshall High School | 1:46.13          | 1:47.16 REG        |
| 6 Grimmatt-Norris, Mike | SR South Lakes High School       | 1:49.87          | 1:47.24 REG        |
| 7 Dona, Alex            | SR Thomas Jefferson High School  | 1:49.44          | 1:48.21 REG        |
| 8 Hirka, George         | SR George C Marshall High School | 1:49.17          | 1:48.41 REG        |
| 9 Fenninger, Tom        | SO James Madison High School     | 1:52.90          | 1:48.75 REG        |
| 10 Patteson, Austin     | JR Fairfax High School           | 1:51.26          | 1:49.56 REG        |
| 11 Case, David          | SR Langley High School           | 1:50.50          | 1:50.40 REG        |
| 12 Pilcher, Dane        | SO South Lakes High School       | 1:53.97          | 1:51.10 REG        |
| 13 Capra, Joe           | SO James Madison High School     | 1:52.58          | 1:51.55            |
| 14 Kim, John            | FR Fairfax High School           | 1:50.67          | 1:51.61            |
| 15 LeDuc, Steve         | JR James Madison High School     | 1:52.07          | 1:51.65            |
| 16 Cosgrove, Michael    | SR Fairfax High School           | 1:55.51          | 1:51.85            |
| 17 Barbee, Anthony      | SO South Lakes High School       | 1:56.01          | 1:54.66            |
| 18 Hughes, Nathan       | SO Thomas Jefferson High School  | 1:55.16          | 1:56.34            |
| 19 Kress, Bryan         | JR McLean High School            | 2:06.22          | 1:59.37            |
| 20 McCrone, Sean        | FR South Lakes High School       | 2:00.57          | 1:59.51            |

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|    |                 |    |                               |         |         |
|----|-----------------|----|-------------------------------|---------|---------|
| 22 | Metge, Trager   | JR | Langley High School           | 1:59.92 | 2:00.37 |
| 23 | Hoffman, Alex   | JR | Thomas Jefferson High School  | 2:03.40 | 2:04.00 |
| 24 | Park, Alex      | FR | Langley High School           | 2:03.01 | 2:04.30 |
| 25 | Cason, Jason    | FR | McLean High School            | 2:06.53 | 2:07.36 |
| 26 | Milmoe, Timmy   | JR | Fairfax High School           | 2:05.86 | 2:08.46 |
| 27 | Slatten, Andrew | SO | Stone Bridge High School      | 2:06.18 | 2:10.50 |
| 28 | Trent, Spencer  | JR | Stone Bridge High School      | 2:09.04 | 2:17.95 |
| 29 | Tolep, Mark     | FR | Stone Bridge High School      | 2:23.53 | 2:22.76 |
| 30 | Fox, Henry      | FR | Stone Bridge High School      | 2:33.67 | 2:31.78 |
| 31 | Levinson, Al    | FR | George C Marshall High School | 2:37.97 | 2:36.33 |

**Event 4 Girls 200 Yard Freestyle**

**Dist. Record: 1:53.83 ! 2/2004**  
**1:51.28 AAA**  
**1:52.99 AAC**  
**1:57.09 STA**  
**2:01.66 REG**

Christine Nichols

Woodson

| Name               | Yr | School                    | Seed Time | Finals Time |     |
|--------------------|----|---------------------------|-----------|-------------|-----|
| 1 Greene, Eva      | JR | McLean High School        | 1:56.83   | 1:54.44     | STA |
| 2 Katis, Jayme     | JR | Langley High School       | 1:56.93   | 1:55.44     | STA |
| 3 Kellan, Laura    | FR | James Madison High School | 2:01.88   | 1:58.03     | REG |
| 4 Dobrenz, Bev     | JR | James Madison High School | 2:01.18   | 2:01.63     | REG |
| 5 Harlow, Adrienne | SO | McLean High School        | 2:03.15   | 2:02.33     |     |
| 6 Elliott, Mary    | FR | Langley High School       | 2:06.06   | 2:03.94     |     |

**(Event 4 Girls 200 Yard Freestyle)**

| Name              | Yr | School                       | Seed Time | Finals Time |  |
|-------------------|----|------------------------------|-----------|-------------|--|
| 7 Zeidan, Allie   | SO | Langley High School          | 2:03.34   | 2:04.80     |  |
| 8 Gent, Anne      | FR | Langley High School          | 2:08.97   | 2:07.59     |  |
| 9 Rainey, Kelsey  | SO | Thomas Jefferson High School | 2:11.60   | 2:09.19     |  |
| 10 Surette, Marla | FR | Fairfax High School          | 2:08.10   | 2:09.30     |  |
| 11 Wang, Grace    | SR | Thomas Jefferson High School | 2:15.16   | 2:11.03     |  |
| 12 Fernandez, Ana | JR | James Madison High School    | 2:11.62   | 2:12.46     |  |

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|    |                      |    |                               |         |         |
|----|----------------------|----|-------------------------------|---------|---------|
| 13 | Burke, Maura         | SO | South Lakes High School       | 2:13.79 | 2:13.25 |
| 14 | Degner-Lopez, Jenna  | SO | Fairfax High School           | 2:13.13 | 2:13.44 |
| 15 | Tutterow, Alyssa     | SR | James Madison High School     | 2:17.82 | 2:15.17 |
| 16 | Rigotti, Katie       | SR | Fairfax High School           | 2:14.21 | 2:15.36 |
| 17 | Lair, Gina           | SO | Stone Bridge High School      | 2:09.56 | 2:16.90 |
| 18 | Robertson, Katie     | SO | Fairfax High School           | 2:20.45 | 2:18.23 |
| 19 | Green, Anna          | JR | Thomas Jefferson High School  | 2:23.25 | 2:18.98 |
| 20 | Steelberg, Johanna   | FR | McLean High School            | 2:20.84 | 2:19.36 |
| 21 | Lan, Hannah          | SR | Thomas Jefferson High School  | 2:21.41 | 2:21.12 |
| 22 | Walker, Shelby       | FR | McLean High School            | 2:24.31 | 2:25.05 |
| 23 | Kehne, Bethany       | SO | South Lakes High School       | 2:30.44 | 2:26.41 |
| 24 | Sands, Claire        | SO | South Lakes High School       | 2:30.27 | 2:26.53 |
| 25 | Bennett, Elaine      | SR | George C Marshall High School | 2:32.33 | 2:29.88 |
| 26 | Kroll, Katie         | FR | South Lakes High School       | 2:31.98 | 2:30.09 |
| 27 | Richards, Jane       | JR | Stone Bridge High School      | 2:33.29 | 2:30.22 |
| 28 | Costello, Emily      | FR | George C Marshall High School | 2:35.92 | 2:31.12 |
| 29 | Strathdee, Catherine | FR | Stone Bridge High School      | 2:44.63 | 2:40.02 |
| 30 | Chadason, Amanda     | SO | Stone Bridge High School      | 2:39.14 | 2:43.38 |
| 31 | Perlman, Hannah      | SO | George C Marshall High School | 2:48.28 | 2:48.47 |
| 32 | Fleshman, Madeline   | SO | George C Marshall High School | 2:53.68 | 2:50.68 |

**Event 5 Boys 200 Yard IM****Dist. Record: 1:52.89 ! 2/6/2009 Stephen Richards****Langley-****1:54.02 AAA****1:55.96 AAC****1:59.99 STA****2:04.91 REG**

| Name | Yr                | School | Seed Time                     | Finals Time |         |     |
|------|-------------------|--------|-------------------------------|-------------|---------|-----|
| 1    | Katis, Chuck      | JR     | Langley High School           | 1:51.97     | 1:53.88 | AAA |
| 2    | Baumgardner, Jake | SR     | Fairfax High School           | 1:59.29     | 1:58.56 | STA |
| 3    | Owens, Evan       | FR     | James Madison High School     | 2:02.31     | 2:00.18 | REG |
| 4    | Nyce, Andrew      | SO     | George C Marshall High School | 2:01.97     | 2:01.27 | REG |

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|----|------------------|----|-------------------------------|---------|---------|-----|
| 5  | Giroux, Quinn    | SR | Fairfax High School           | 2:05.56 | 2:02.74 | REG |
| 6  | Rieling, Conor   | SR | Langley High School           | 2:06.53 | 2:03.65 | REG |
| 7  | Johnson, Patrick | SR | Fairfax High School           | 2:09.71 | 2:04.08 | REG |
| 8  | Hirka, Logan     | SO | George C Marshall High School | 2:10.69 | 2:07.10 |     |
| 9  | Wang, Howe       | FR | James Madison High School     | 2:09.81 | 2:07.34 |     |
| 10 | Pennington, Alex | FR | James Madison High School     | 2:11.93 | 2:07.67 |     |
| 11 | Ballen, Peter    | SR | Thomas Jefferson High School  | 2:06.11 | 2:08.95 |     |
| 12 | McMurray, Evan   | JR | Thomas Jefferson High School  | 2:14.87 | 2:10.63 |     |
| 13 | Dutta, Justin    | SR | James Madison High School     | 2:09.08 | 2:10.67 |     |
| 14 | Sturm, Zach      | SO | Thomas Jefferson High School  | 2:13.35 | 2:12.13 |     |
| 15 | Borsi, Jack      | JR | Thomas Jefferson High School  | 2:17.63 | 2:15.16 |     |
| 16 | Lee, Edward      | JR | McLean High School            | 2:13.61 | 2:16.53 |     |
| 17 | Coar, Trevor     | FR | Langley High School           | 2:19.12 | 2:16.71 |     |

**(Event 5 Boys 200 Yard IM)**

|    | <b>Name</b>       | <b>Yr</b> | <b>School</b>            | <b>Seed Time</b> | <b>Finals Time</b> |
|----|-------------------|-----------|--------------------------|------------------|--------------------|
| 18 | Ashley, Matt      | FR        | Stone Bridge High School | 2:18.10          | 2:18.25            |
| 19 | Minutoli, Michael | FR        | McLean High School       | 2:15.12          | 2:19.15            |
| 20 | Propp, Maxwell    | FR        | Langley High School      | 2:13.34          | 2:23.61            |
| 21 | Greenwood, Andrew | FR        | McLean High School       | 2:27.54          | 2:28.30            |
| 22 | Click, Ben        | FR        | Fairfax High School      | 2:26.91          | 2:28.78            |
| 23 | Odlen, David      | JR        | South Lakes High School  | 2:30.58          | 2:29.32            |
| 24 | Mayo, Scott       | SO        | South Lakes High School  | 2:28.20          | 2:32.89            |
| 25 | Nielsen, Colin    | SO        | Stone Bridge High School | 2:36.27          | 2:33.63            |
| 26 | Zhigunov, Dmitriy | FR        | South Lakes High School  | 2:35.97          | 2:37.25            |
| 27 | Kuppa, Srikar     | FR        | South Lakes High School  | 2:37.62          | 2:38.88            |
| 28 | Morgan, Andrew    | SO        | Stone Bridge High School | 2:46.34          | 2:41.96            |
| 29 | Tenney, Charlie   | SR        | McLean High School       | 2:32.52          | 2:44.47            |
| 30 | Dorion, Joey      | JR        | Stone Bridge High School | 2:48.03          | 2:44.51            |

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**Dist. Record:** 2:05.62 ! 1/26/2008 Suzanne Schwee  
 2:05.37 AAA  
 2:07.60 AAC  
 2:12.69 STA  
 2:17.44 REG

**Stone Bridge**

| Name                   | Yr | School                        | Seed Time | Finals Time |     |
|------------------------|----|-------------------------------|-----------|-------------|-----|
| 1 Springsteen, Annie   | FR | McLean High School            | 2:19.62   | 2:15.03     | REG |
| 2 Bennett, Katie       | SO | Thomas Jefferson High School  | 2:16.90   | 2:15.13     | REG |
| 3 Sennett, Emily       | SO | South Lakes High School       | 2:17.64   | 2:15.26     | REG |
| 4 Queen, Alli          | FR | James Madison High School     | 2:20.27   | 2:17.14     | REG |
| 5 Springsteen, Ellie   | SO | McLean High School            | 2:25.38   | 2:19.22     |     |
| 6 Fletcher, Sami       | SO | James Madison High School     | 2:20.43   | 2:19.32     |     |
| 7 Dilworth, Mary Kate  | SO | Thomas Jefferson High School  | 2:19.21   | 2:19.39     |     |
| 8 Richards, Anne       | FR | Stone Bridge High School      | 2:20.07   | 2:19.71     |     |
| 9 Dillinger, Natalie   | FR | Fairfax High School           | 2:20.25   | 2:22.62     |     |
| 10 Bertolett, Liz      | JR | James Madison High School     | 2:24.75   | 2:23.25     |     |
| 11 Wang, Cathy         | SR | James Madison High School     | 2:21.75   | 2:24.06     |     |
| 12 Kemmerer, Anne      | FR | Langley High School           | 2:23.75   | 2:24.13     |     |
| 13 Kim, Brianna        | JR | Thomas Jefferson High School  | 2:23.35   | 2:24.15     |     |
| 14 Liu, Sarah          | FR | Thomas Jefferson High School  | 2:29.06   | 2:25.53     |     |
| 15 Roesel, Erica       | SO | Langley High School           | 2:28.76   | 2:25.90     |     |
| 16 Schirm, Karen       | JR | Langley High School           | 2:25.46   | 2:29.53     |     |
| 17 Rose, Caitlin       | FR | Langley High School           | 2:33.26   | 2:30.78     |     |
| 18 Kreykes, Miriam     | FR | George C Marshall High School | 2:36.03   | 2:35.23     |     |
| 19 Berman, Rachel      | FR | South Lakes High School       | 2:36.65   | 2:38.65     |     |
| 20 Gibson, Emily       | SR | McLean High School            | 2:40.00   | 2:39.73     |     |
| 21 Grealy, Lauren      | SO | Stone Bridge High School      | 2:44.59   | 2:41.09     |     |
| 22 Pearson, Kylie      | SO | Stone Bridge High School      | 2:42.32   | 2:41.21     |     |
| 23 Chittenden, Kaitlin | FR | South Lakes High School       | 2:44.01   | 2:41.50     |     |
| 24 Cothill, Justine    | SO | Stone Bridge High School      | 2:45.10   | 2:42.71     |     |
| 25 Rossbach, Katie     | FR | Fairfax High School           | 2:44.45   | 2:44.69     |     |

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|----|------------------|----|-------------------------------|---------|---------|
| 26 | Fritz, Skylar    | JR | McLean High School            | 2:42.22 | 2:45.28 |
| 27 | Kelly, Christine | JR | Fairfax High School           | 2:49.70 | 2:47.69 |
| 28 | Moyer, Margo     | SO | South Lakes High School       | 2:49.32 | 2:49.43 |
| 29 | Weldon, Rylie    | SO | George C Marshall High School | 2:57.47 | 2:57.59 |
| 30 | Kousen, Mandy    | FR | George C Marshall High School | 3:13.78 | 3:06.28 |

**(Event 6 Girls 200 Yard IM)**

| Name               | Yr | School              | Seed Time | Finals Time |
|--------------------|----|---------------------|-----------|-------------|
| --- Nazario, Gabby | SO | Fairfax High School | 2:34.55   | DQ          |

**Event 7 Boys 50 Yard Freestyle**

**Dist. Record:** 21.09 ! 2/6/2009 Robbie Parker Madison-  
 21.15 AAA  
 21.48 AAC  
 22.29 STA  
 22.67 REG

| Name                   | Yr | School                       | Seed Time | Finals Time |     |
|------------------------|----|------------------------------|-----------|-------------|-----|
| 1 Kelly, Joey          | SR | Fairfax High School          | 22.29     | 21.52       | STA |
| *2 Callahan, Matt      | SR | Thomas Jefferson High School | 21.84     | 22.21       | STA |
| *2 Lauri, Travis       | JR | Fairfax High School          | 22.06     | 22.21       | STA |
| *4 Bouchard, Joey      | SR | Thomas Jefferson High School | 23.02     | 22.50       | REG |
| *4 Fallavollita, David | JR | James Madison High School    | 22.65     | 22.50       | REG |
| 6 Pivik, Chris         | SR | Langley High School          | 22.53     | 22.53       | REG |
| 7 Speers, Sam          | SR | Thomas Jefferson High School | 22.76     | 22.82       |     |
| 8 Webb, Charlie        | SR | James Madison High School    | 23.22     | 22.88       |     |
| 9 Barnard, Chris       | JR | Langley High School          | 23.28     | 23.02       |     |
| 10 Howard, Steven      | SR | Thomas Jefferson High School | 23.50     | 23.36       |     |
| 11 Hughes, Harrison    | JR | South Lakes High School      | 23.69     | 23.69       |     |
| 12 Schierling, Luke    | JR | Stone Bridge High School     | 23.89     | 23.78       |     |
| 13 Headrick, Paul      | JR | James Madison High School    | 24.68     | 23.81       |     |
| 14 Meyer, Elliot       | JR | Fairfax High School          | 23.88     | 23.90       |     |
| 15 Kim, Bill           | FR | McLean High School           | 23.47     | 23.98       |     |
| 16 Huynh, Alexander    | JR | McLean High School           | 24.10     | 24.04       |     |

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|-----|-------------------|----|-------------------------------|-------|-------|
| 18  | Hazelton, Nick    | SR | South Lakes High School       | 24.05 | 24.41 |
| 19  | Russiello, Andrew | SO | James Madison High School     | NT    | 24.52 |
| 20  | Cason, Jason      | FR | McLean High School            | 24.87 | 24.58 |
| 21  | Robertson, Paul   | FR | Fairfax High School           | 25.53 | 24.96 |
| 22  | Kowaleski, Cas    | JR | Stone Bridge High School      | 25.23 | 24.99 |
| *23 | McMillan, Connor  | SO | South Lakes High School       | 25.68 | 25.23 |
| *23 | Bavis, Danny      | SO | Stone Bridge High School      | 27.88 | 25.23 |
| 25  | Zamfir, Serban    | JR | Langley High School           | 24.86 | 25.35 |
| 26  | Fritz, Tyler      | FR | Langley High School           | 25.31 | 25.53 |
| 27  | Graves, Brennan   | JR | Stone Bridge High School      | 28.33 | 26.07 |
| 28  | Heffernan, Andrew | SR | South Lakes High School       | 26.06 | 26.29 |
| 29  | Perlman, Joshua   | SO | George C Marshall High School | NT    | 29.28 |
| 30  | Levinson, Al      | FR | George C Marshall High School | NT    | 32.40 |
| 31  | Weldon, Connor    | FR | George C Marshall High School | 32.15 | 32.56 |

**Event 8 Girls 50 Yard Freestyle**

**Dist. Record:** 23.77 ! 2/2000      **Lauren Cornet**      **Langley**  
23.81 AAA  
24.12 AAC  
24.59 STA  
25.54 REG

|    | <b>Name</b>        | <b>Yr</b> | <b>School</b>             | <b>Seed Time</b> | <b>Finals Time</b> |     |
|----|--------------------|-----------|---------------------------|------------------|--------------------|-----|
| 1  | Speers, Abi        | FR        | Langley High School       | 23.93            | 24.47              | STA |
| *2 | Howard, Megan      | JR        | Langley High School       | 25.69            | 25.43              | REG |
| *2 | O'Reilly, Katarina | SR        | James Madison High School | 25.70            | 25.43              | REG |

**(Event 8 Girls 50 Yard Freestyle)**

|   | <b>Name</b>      | <b>Yr</b> | <b>School</b>                | <b>Seed Time</b> | <b>Finals Time</b> |
|---|------------------|-----------|------------------------------|------------------|--------------------|
| 4 | Pollock, Apple   | SO        | Stone Bridge High School     | 25.53            | 25.57              |
| 5 | Yensen, Katie    | JR        | McLean High School           | 25.66            | 25.69              |
| 6 | Zolper, Liz      | JR        | James Madison High School    | 26.62            | 26.11              |
| 7 | Laffosse, Lauren | SR        | Thomas Jefferson High School | 26.30            | 26.13              |
| 8 | Haynes, Paige    | SR        | Stone Bridge High School     | 26.60            | 26.20              |

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|----|-------------------|----|-------------------------------|-------|-------|
| 9  | Wray, Rachael     | SO | Fairfax High School           | 26.39 | 26.23 |
| 10 | Zarella, Torrie   | JR | Langley High School           | 26.78 | 26.31 |
| 11 | Snare, Victoria   | SO | Langley High School           | 26.47 | 26.40 |
| 12 | Gonzalez, Leah    | JR | Thomas Jefferson High School  | 27.03 | 26.67 |
| 13 | Youngblood, Devon | SR | James Madison High School     | 27.16 | 26.77 |
| 14 | Springman, Haley  | JR | Stone Bridge High School      | 25.68 | 26.92 |
| 15 | Roop, Alex        | FR | James Madison High School     | 27.37 | 27.12 |
| 16 | Rigotti, Katie    | SR | Fairfax High School           | 27.28 | 27.34 |
| 17 | Dolan, Elizabeth  | FR | McLean High School            | 27.56 | 27.46 |
| 18 | Sagurton, Megan   | SR | Thomas Jefferson High School  | 27.14 | 27.69 |
| 19 | May, Aubrey       | SR | Fairfax High School           | 28.39 | 27.91 |
| 20 | Walker, Shelby    | FR | McLean High School            | 28.88 | 28.06 |
| 21 | Morris, Maggie    | SR | South Lakes High School       | 28.21 | 28.18 |
| 22 | Knight, Colleen   | SR | Thomas Jefferson High School  | 28.06 | 28.22 |
| 23 | Veoni, Paige      | SO | George C Marshall High School | 28.05 | 28.38 |
| 24 | Judge, Alex       | SR | Fairfax High School           | 28.78 | 28.70 |
| 25 | Capp, Katie       | JR | McLean High School            | 29.35 | 28.92 |
| 26 | Nolta, Sarah      | SR | South Lakes High School       | 28.94 | 28.93 |
| 27 | Allegra, Rachel   | SO | Stone Bridge High School      | 28.63 | 29.00 |
| 28 | Linke, Kelsey     | SR | South Lakes High School       | 29.02 | 29.07 |
| 29 | Jennings, Anne    | SR | South Lakes High School       | 29.52 | 29.55 |
| 30 | Shelton, Sydney   | FR | George C Marshall High School | 32.26 | 32.10 |

**Event 9 Boys 1 mtr Diving**

| <b>Dist. Record: 543.60 !</b> |                 | <b>1/27/2006</b> | <b>Michael McDonald</b>   | <b>W.T. Woodson</b> |        |
|-------------------------------|-----------------|------------------|---------------------------|---------------------|--------|
| <b>Name</b>                   | <b>Yr</b>       | <b>School</b>    |                           | <b>Finals Score</b> |        |
| 1                             | Fox, Ryan       | JR               | James Madison High School | NT                  | 390.15 |
| 2                             | Johnson, Sam    | SR               | Fairfax High School       | NT                  | 327.95 |
| 3                             | Rossbach, Peter | SR               | Fairfax High School       | NT                  | 314.35 |
| 4                             | Clark, Ian      | JR               | McLean High School        | NT                  | 286.20 |

**Liberty District Championships 2010**  
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**Results**

|    |                    |    |                               |    |        |
|----|--------------------|----|-------------------------------|----|--------|
| 5  | Stahl, Zach        | SO | George C Marshall High School | NT | 272.55 |
| 6  | Dressler, Eric     | JR | James Madison High School     | NT | 251.25 |
| 7  | McDermott, Lane    | JR | Fairfax High School           | NT | 246.90 |
| 8  | Cazenas, Jeff      | SO | James Madison High School     | NT | 232.95 |
| 9  | Moffett, Collin    | FR | McLean High School            | NT | 224.55 |
| 10 | Reilly, Conor      | SO | Langley High School           | NT | 220.25 |
| 11 | Sebastian, Braeden | SO | Langley High School           | NT | 199.30 |
| 12 | Ho, Zachary        | FR | Thomas Jefferson High School  | NT | 185.10 |
| 13 | Glazer, Mikey      | JR | James Madison High School     | NT | 180.05 |
| 14 | De Anda, Thomas    | SO | Thomas Jefferson High School  | NT | 169.90 |
| 15 | Cline, Adam        | JR | South Lakes High School       | NT | 168.90 |
| 16 | Havasy, Andrew     | SO | Langley High School           | NT | 152.25 |

**Event 10 Girls 1 mtr Diving**

| <b>Dist. Record: 453.20 ! 2/2001</b> |                       | <b>Mary Yarrison</b> |                               | <b>Lee</b> |                     |
|--------------------------------------|-----------------------|----------------------|-------------------------------|------------|---------------------|
| <b>Name</b>                          | <b>Yr</b>             | <b>School</b>        |                               |            | <b>Finals Score</b> |
| 1                                    | Stockton, Kelli       | JR                   | Fairfax High School           | NT         | 423.60              |
| 2                                    | Lloyd, Kelly          | SR                   | James Madison High School     | NT         | 385.70              |
| 3                                    | Corish, Kelly         | JR                   | James Madison High School     | NT         | 375.95              |
| 4                                    | Van Winkle, Katherine | SO                   | George C Marshall High School | NT         | 348.10              |
| 5                                    | Saitta, Emily         | SO                   | Thomas Jefferson High School  | NT         | 308.40              |
| 6                                    | Worsham, Alyssa       | SO                   | James Madison High School     | NT         | 306.30              |
| 7                                    | Stickel, Alison       | FR                   | James Madison High School     | NT         | 286.65              |
| 8                                    | Hormann, Ariel        | SR                   | South Lakes High School       | NT         | 271.80              |
| 9                                    | Shelton, Sydney       | FR                   | George C Marshall High School | NT         | 269.00              |
| 10                                   | Skowronski, Kirsten   | SO                   | Thomas Jefferson High School  | NT         | 264.00              |
| 11                                   | Rosenthal, Tess       | SR                   | Langley High School           | NT         | 232.95              |
| 12                                   | Patteson, Hannah      | FR                   | Fairfax High School           | NT         | 225.45              |
| 13                                   | Cridler, Kelly        | SR                   | George C Marshall High School | NT         | 204.95              |
| 14                                   | Karras, Liza          | FR                   | South Lakes High School       | NT         | 190.85              |

**Liberty District Championships 2010**  
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|    |                  |    |                              |    |        |
|----|------------------|----|------------------------------|----|--------|
| 15 | Bartlett, Emily  | FR | Thomas Jefferson High School | NT | 184.65 |
| 16 | Deivert, Taylor  | JR | Fairfax High School          | NT | 183.85 |
| 17 | Neill, Tracy     | SO | Fairfax High School          | NT | 130.90 |
| 18 | Wong, Melody     | SO | Thomas Jefferson High School | NT | 126.25 |
| 19 | Dutrow, Amelia   | SO | McLean High School           | NT | 121.90 |
| 20 | Anwyll, Kristina | SO | McLean High School           | NT | 111.10 |
| 21 | Elmer, Hannah    | SR | South Lakes High School      | NT | 74.40  |
| 22 | Meyer, Christy   | SO | Langley High School          | NT | 71.55  |

**Event 11 Boys 100 Yard Butterfly**

**Dist. Record:** 49.66 ! 2/6/2009 Sean Fletcher  
50.80 AAA  
51.72 AAC  
53.79 STA  
55.70 REG

Madison-

| Name                  | Yr | School                        | Seed Time | Finals Time |     |
|-----------------------|----|-------------------------------|-----------|-------------|-----|
| 1 Natal, Ryan         | SO | Langley High School           | 51.69     | 51.93       | STA |
| 2 Seliskar, Stephen   | SO | Thomas Jefferson High School  | 56.90     | 52.08       | STA |
| 3 Dillon, Brad        | SR | South Lakes High School       | 53.21     | 52.53       | STA |
| 4 Patteson, Austin    | JR | Fairfax High School           | 54.00     | 52.87       | STA |
| 5 Dona, Alex          | SR | Thomas Jefferson High School  | 54.01     | 54.09       | REG |
| 6 Baumgardner, Jake   | SR | Fairfax High School           | 55.11     | 54.51       | REG |
| 7 Fallavollita, David | JR | James Madison High School     | 56.55     | 54.79       | REG |
| *8 Hirka, George      | SR | George C Marshall High School | 55.15     | 55.03       | REG |
| *8 Scibilia, Tommy    | SR | Fairfax High School           | 56.25     | 55.03       | REG |
| 10 Rieling, Conor     | SR | Langley High School           | 56.81     | 55.41       | REG |
| 11 Brumas, Alex       | JR | Langley High School           | 57.09     | 56.19       |     |
| 12 Shada, Sean        | JR | South Lakes High School       | 56.80     | 56.63       |     |
| 13 Perez, Eduardo     | JR | Fairfax High School           | 59.50     | 57.83       |     |
| 14 Surette, Sam       | SR | Thomas Jefferson High School  | 59.91     | 58.84       |     |
| 15 Hall, Gordon       | JR | McLean High School            | 1:01.65   | 59.22       |     |
| 16 Southern, Ben      | FR | McLean High School            | 57.54     | 59.23       |     |

**Liberty District Championships 2010**  
**Held at Wakefield Park Audrey Moore RECenter**  
**Results**

|    |                          |    |                           |         |         |
|----|--------------------------|----|---------------------------|---------|---------|
| 17 | Nichols-Dindlebeck, Eric | JR | McLean High School        | 1:10.00 | 59.34   |
| 18 | Diener, Zach             | JR | James Madison High School | 1:00.63 | 1:00.02 |
| 19 | Ashe, Jay                | JR | James Madison High School | 1:00.47 | 1:00.15 |

**(Event 11 Boys 100 Yard Butterfly)**

|    | Name              | Yr | School                       | Seed Time | Finals Time |
|----|-------------------|----|------------------------------|-----------|-------------|
| 20 | Desmarais, Matt   | JR | James Madison High School    | 1:01.55   | 1:00.41     |
| 21 | Paul, Chris       | FR | Langley High School          | 1:03.57   | 1:02.33     |
| 22 | Gigena, Andre     | SR | Stone Bridge High School     | 1:03.60   | 1:02.97     |
| 23 | Ehrhardt, Josh    | JR | South Lakes High School      | 1:04.09   | 1:03.32     |
| 24 | Smith, Hugh       | SR | Thomas Jefferson High School | 1:03.50   | 1:04.18     |
| 25 | Slatten, Andrew   | SO | Stone Bridge High School     | 1:06.29   | 1:05.45     |
| 26 | Kuppa, Srikar     | FR | South Lakes High School      | 1:06.43   | 1:06.03     |
| 27 | Freedman, Adam    | SO | Stone Bridge High School     | 1:08.01   | 1:07.49     |
| 28 | Minutoli, Michael | FR | McLean High School           | 1:05.14   | 1:07.62     |
| 29 | McJunkin, Jon     | SO | Stone Bridge High School     | 1:13.03   | 1:13.25     |

**Event 12 Girls 100 Yard Butterfly**

**Dist. Record:** 56.99 ! 1/26/2008 Suzanne Schwee  
56.57 AAA  
57.50 AAC  
59.39 STA  
1:02.11 REG

Stone Bridge

|   | Name               | Yr | School                       | Seed Time | Finals Time |     |
|---|--------------------|----|------------------------------|-----------|-------------|-----|
| 1 | Sennett, Emily     | SO | South Lakes High School      | 1:01.68   | 59.67       | REG |
| 2 | Overend, Meghan    | JR | Langley High School          | 1:01.55   | 59.98       | REG |
| 3 | Howard, Megan      | JR | Langley High School          | 1:00.63   | 1:00.32     | REG |
| 4 | Harlow, Margaret   | SR | McLean High School           | 1:01.53   | 1:00.79     | REG |
| 5 | Mottola, Lindsay   | JR | James Madison High School    | 1:01.94   | 1:02.79     |     |
| 6 | Dillinger, Natalie | FR | Fairfax High School          | 1:03.09   | 1:02.80     |     |
| 7 | Kim, Brianna       | JR | Thomas Jefferson High School | 1:04.45   | 1:03.79     |     |
| 8 | Bertolett, Liz     | JR | James Madison High School    | 1:04.31   | 1:04.09     |     |
| 9 | Lan, Anna          | SR | Thomas Jefferson High School | 1:04.48   | 1:04.14     |     |

**Liberty District Championships 2010**  
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**Results**

|    |                    |    |                               |         |         |
|----|--------------------|----|-------------------------------|---------|---------|
| 11 | Wang, Grace        | SR | Thomas Jefferson High School  | 1:05.22 | 1:04.60 |
| 12 | Fernandez, Ana     | JR | James Madison High School     | 1:05.31 | 1:05.64 |
| 13 | Zolper, Liz        | JR | James Madison High School     | 1:06.48 | 1:07.21 |
| 14 | Kelley, Amanda     | JR | Fairfax High School           | 1:08.33 | 1:07.23 |
| 15 | Morris, Maggie     | SR | South Lakes High School       | 1:10.71 | 1:08.81 |
| 16 | Zuccari, Gabrielle | FR | Langley High School           | 1:09.59 | 1:09.16 |
| 17 | Bugge, Jenna       | JR | Langley High School           | 1:09.18 | 1:09.23 |
| 18 | Lan, Hannah        | SR | Thomas Jefferson High School  | 1:09.64 | 1:10.70 |
| 19 | Quinnette, Katie   | FR | Fairfax High School           | 1:13.59 | 1:12.89 |
| 20 | Green, Katy        | JR | Stone Bridge High School      | 1:16.97 | 1:12.98 |
| 21 | Costello, Emily    | FR | George C Marshall High School | 1:10.10 | 1:13.18 |
| 22 | Gibson, Emily      | SR | McLean High School            | 1:14.30 | 1:13.32 |
| 23 | Fritz, Skylar      | JR | McLean High School            | 1:12.15 | 1:13.71 |
| 24 | Pearson, Kylie     | SO | Stone Bridge High School      | 1:11.87 | 1:13.93 |
| 25 | Loftin, Erica      | SO | South Lakes High School       | 1:19.23 | 1:16.28 |
| 26 | Patteson, Hannah   | FR | Fairfax High School           | 1:17.35 | 1:16.69 |
| 27 | Reed, Abby         | SO | South Lakes High School       | 1:17.75 | 1:16.91 |
| 28 | Shipley, Erica     | SO | McLean High School            | 1:13.39 | 1:17.05 |
| 29 | Padgett, Rachael   | JR | Stone Bridge High School      | 1:20.31 | 1:22.25 |
| 30 | Garvey, Patricia   | SO | George C Marshall High School | 1:36.46 | 1:36.01 |
| 31 | Kreykes, Janelle   | JR | George C Marshall High School | 1:37.96 | 1:39.58 |
| 32 | Young, Grace       | JR | George C Marshall High School | NT      | 1:48.52 |

**Event 13 Boys 100 Yard Freestyle**

**Dist. Record:** 46.45 ! 2/1998      **Matt Brado**      **Lee**  
46.35 AAA  
46.98 AAC  
48.79 STA  
50.07 REG

| Name                | Yr | School              | Seed Time | Finals Time |
|---------------------|----|---------------------|-----------|-------------|
| 1 Richards, Stephen | SR | Langley High School | NT        | 47.69 STA   |

**Liberty District Championships 2010**  
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**Results**

|    |                          |    |                               |         |         |     |
|----|--------------------------|----|-------------------------------|---------|---------|-----|
| 3  | Owens, Evan              | FR | James Madison High School     | 50.48   | 48.91   | REG |
| *4 | Callahan, Matt           | SR | Thomas Jefferson High School  | 49.16   | 49.30   | REG |
| *4 | Lauri, Travis            | JR | Fairfax High School           | 49.86   | 49.30   | REG |
| 6  | Fenninger, Tom           | SO | James Madison High School     | 51.59   | 49.61   | REG |
| 7  | Bouchard, Joey           | SR | Thomas Jefferson High School  | 50.35   | 50.18   |     |
| 8  | Pivik, Chris             | SR | Langley High School           | 50.99   | 50.19   |     |
| 9  | Speers, Sam              | SR | Thomas Jefferson High School  | 50.21   | 50.39   |     |
| 10 | Capra, Joe               | SO | James Madison High School     | 52.62   | 50.41   |     |
| 11 | Case, David              | SR | Langley High School           | 50.28   | 50.45   |     |
| 12 | Barnard, Chris           | JR | Langley High School           | 52.50   | 51.57   |     |
| 13 | Reed, Patrick            | SR | James Madison High School     | 53.33   | 52.07   |     |
| 14 | Borsi, Jack              | JR | Thomas Jefferson High School  | 53.59   | 52.68   |     |
| 15 | Hughes, Harrison         | JR | South Lakes High School       | 52.92   | 53.25   |     |
| 16 | Kim, Bill                | FR | McLean High School            | 51.90   | 53.37   |     |
| 17 | Gambla, Tim              | SR | Stone Bridge High School      | 53.02   | 53.57   |     |
| 18 | Huynh, Alexander         | JR | McLean High School            | 53.71   | 53.73   |     |
| 19 | Fitzgibbon, Colin        | SR | McLean High School            | 53.13   | 54.10   |     |
| 20 | Meyer, Elliot            | JR | Fairfax High School           | 55.13   | 55.10   |     |
| 21 | Robertson, Paul          | FR | Fairfax High School           | 56.87   | 56.09   |     |
| 22 | McCrone, Sean            | FR | South Lakes High School       | 54.81   | 56.15   |     |
| 23 | Nichols-Dindlebeck, Eric | JR | McLean High School            | 55.84   | 56.61   |     |
| 24 | Kowaleski, Cas           | JR | Stone Bridge High School      | 57.69   | 56.62   |     |
| 25 | McMillan, Connor         | SO | South Lakes High School       | 56.73   | 57.32   |     |
| 26 | Campbell, Gavin          | JR | George C Marshall High School | 55.22   | 57.91   |     |
| 27 | Hutchins, Tyler          | FR | South Lakes High School       | 1:00.07 | 58.84   |     |
| 28 | Sheller, Andrew          | SO | Stone Bridge High School      | 59.69   | 59.57   |     |
| 29 | Engebreth, Jerad         | JR | Stone Bridge High School      | 1:03.05 | 1:01.31 |     |
| 30 | Washington, Jordan       | SO | George C Marshall High School | 1:02.81 | 1:04.71 |     |

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31 Perlman, Joshua SO George C Marshall High School 1:09.63 1:07.76

**Event 14 Girls 100 Yard Freestyle**

**Dist. Record:** 52.74 ! 1/29/2006 Andrea Balint Langley  
51.62 AAA  
52.39 AAC  
53.89 STA  
55.98 REG

| Name                 | Yr | School                    | Seed Time | Finals Time |     |
|----------------------|----|---------------------------|-----------|-------------|-----|
| 1 Katis, Jayme       | JR | Langley High School       | 54.01     | 53.95       | REG |
| 2 Speers, Abi        | FR | Langley High School       | 54.92     | 54.26       | REG |
| 3 Kellan, Laura      | FR | James Madison High School | 55.48     | 54.43       | REG |
| 4 Ferguson, Matty    | FR | Fairfax High School       | 56.15     | 56.52       |     |
| 5 O'Reilly, Katarina | SR | James Madison High School | 57.84     | 56.88       |     |
| 6 Yensen, Katie      | JR | McLean High School        | 57.13     | 56.98       |     |

**(Event 14 Girls 100 Yard Freestyle)**

| Name                   | Yr | School                       | Seed Time | Finals Time |  |
|------------------------|----|------------------------------|-----------|-------------|--|
| 7 Zeidan, Allie        | SO | Langley High School          | 56.00     | 57.15       |  |
| 8 Pollock, Apple       | SO | Stone Bridge High School     | 56.28     | 57.40       |  |
| 9 Laffosse, Lauren     | SR | Thomas Jefferson High School | 57.56     | 58.34       |  |
| 10 Snare, Victoria     | SO | Langley High School          | 58.76     | 58.51       |  |
| 11 Wray, Rachael       | SO | Fairfax High School          | 59.04     | 59.20       |  |
| 12 Surette, Marla      | FR | Fairfax High School          | 59.05     | 59.25       |  |
| 13 Gonzalez, Leah      | JR | Thomas Jefferson High School | 59.83     | 59.77       |  |
| 14 Westfall, Ellie     | FR | James Madison High School    | 1:00.12   | 1:00.09     |  |
| 15 Wilcox, Sarah       | SR | McLean High School           | 58.72     | 1:00.13     |  |
| 16 Boardman, Nowell    | FR | McLean High School           | 1:01.99   | 1:00.28     |  |
| 17 Green, Anna         | JR | Thomas Jefferson High School | 1:01.85   | 1:00.34     |  |
| 18 Choudhury, Julia    | JR | James Madison High School    | 1:01.28   | 1:00.78     |  |
| 19 Skowronski, Allison | SO | South Lakes High School      | 1:02.24   | 1:01.85     |  |
| 20 Sun, Mary           | SO | Thomas Jefferson High School | 1:02.06   | 1:02.42     |  |
| 21 Cunningham, Katie   | JR | South Lakes High School      | 1:04.31   | 1:02.51     |  |

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|    |                  |    |                               |         |         |
|----|------------------|----|-------------------------------|---------|---------|
| 23 | Judge, Alex      | SR | Fairfax High School           | 1:04.27 | 1:04.63 |
| 24 | Capp, Katie      | JR | McLean High School            | 1:05.18 | 1:05.23 |
| 25 | Linke, Kelsey    | SR | South Lakes High School       | 1:08.19 | 1:06.10 |
| 26 | Nolta, Sarah     | SR | South Lakes High School       | 1:07.38 | 1:06.25 |
| 27 | Hoyt, Madison    | SO | Stone Bridge High School      | 1:07.54 | 1:06.62 |
| 28 | Compton, Jessica | JR | Stone Bridge High School      | 1:07.46 | 1:10.02 |
| 29 | Cridler, Kelly   | SR | George C Marshall High School | 1:13.52 | 1:12.87 |
| 30 | Freck, Kendall   | SO | George C Marshall High School | 1:04.43 | 1:14.94 |
| 31 | Sahai, Malavika  | FR | George C Marshall High School | 1:19.23 | 1:20.54 |

**Event 15 Boys 500 Yard Freestyle****Dist. Record: 4:35.44 ! 1/29/2006 Alex Anderson****Madison**

4:35.51 AAA  
 4:39.82 AAC  
 4:50.99 STA  
 5:04.12 REG

|    | <b>Name</b>       | <b>Yr</b> | <b>School</b>                 | <b>Seed Time</b> | <b>Finals Time</b> |     |
|----|-------------------|-----------|-------------------------------|------------------|--------------------|-----|
| 1  | Pennington, Adam  | SR        | James Madison High School     | 4:37.12          | 4:38.08            | AAC |
| 2  | Hashemi, Cyrus    | SO        | George C Marshall High School | 4:42.83          | 4:54.10            | REG |
| 3  | Kim, John         | FR        | Fairfax High School           | 5:05.15          | 4:57.66            | REG |
| 4  | LeDuc, Steve      | JR        | James Madison High School     | 4:49.36          | 4:57.87            | REG |
| 5  | Giroux, Quinn     | SR        | Fairfax High School           | 5:05.15          | 4:59.05            | REG |
| 6  | Pilcher, Dane     | SO        | South Lakes High School       | 5:10.61          | 5:01.59            | REG |
| 7  | Cosgrove, Michael | SR        | Fairfax High School           | 5:13.78          | 5:04.00            | REG |
| 8  | Ballen, Peter     | SR        | Thomas Jefferson High School  | 5:07.50          | 5:05.71            |     |
| 9  | Wang, Howe        | FR        | James Madison High School     | 5:07.35          | 5:05.87            |     |
| 10 | Southern, Ben     | FR        | McLean High School            | 5:08.74          | 5:07.35            |     |
| 11 | Barbee, Anthony   | SO        | South Lakes High School       | 5:12.01          | 5:10.60            |     |
| 12 | Ashe, Jay         | JR        | James Madison High School     | 5:18.58          | 5:11.75            |     |
| 13 | Sturm, Zach       | SO        | Thomas Jefferson High School  | 5:23.66          | 5:12.75            |     |
| 14 | Hughes, Nathan    | SO        | Thomas Jefferson High School  | 5:22.99          | 5:16.56            |     |

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|    |                 |    |                              |         |         |
|----|-----------------|----|------------------------------|---------|---------|
| 16 | Kress, Bryan    | JR | McLean High School           | 5:37.92 | 5:29.87 |
| 17 | Frerichs, Reese | FR | Thomas Jefferson High School | 5:33.91 | 5:30.54 |
| 18 | Metge, Trager   | JR | Langley High School          | 5:42.90 | 5:39.03 |

**(Event 15 Boys 500 Yard Freestyle)**

|    | Name               | Yr | School                        | Seed Time | Finals Time |
|----|--------------------|----|-------------------------------|-----------|-------------|
| 19 | Baer, Jason        | FR | McLean High School            | 6:06.20   | 5:39.56     |
| 20 | Purcell, Ian       | FR | South Lakes High School       | 5:47.80   | 5:40.93     |
| 21 | Ratcliffe, Michael | FR | Langley High School           | 5:47.07   | 5:45.68     |
| 22 | Yilmaz, Orhan      | SR | Fairfax High School           | 6:02.84   | 5:58.79     |
| 23 | Zhigunov, Dmitriy  | FR | South Lakes High School       | 6:11.05   | 5:59.81     |
| 24 | Greenwood, Andrew  | FR | McLean High School            | 6:08.50   | 6:01.88     |
| 25 | Reilly, Jack       | FR | Langley High School           | 6:10.97   | 6:03.01     |
| 26 | Stahl, Zach        | SO | George C Marshall High School | 6:30.49   | 6:22.81     |
| 27 | Trent, Spencer     | JR | Stone Bridge High School      | 6:22.06   | 6:27.98     |
| 28 | Dorion, Joey       | JR | Stone Bridge High School      | 5:49.15   | 6:32.50     |
| 29 | Martin, Chris      | SR | Stone Bridge High School      | 6:39.14   | 6:49.93     |
| 30 | Graves, Brennan    | JR | Stone Bridge High School      | 7:00.29   | 7:15.21     |
| 31 | Weldon, Connor     | FR | George C Marshall High School | 7:30.22   | 7:32.58     |

**Event 16 Girls 500 Yard Freestyle**

**Dist. Record: 4:58.95 ! 2/2001**  
**4:57.24 AAA**  
**5:02.19 AAC**  
**5:13.09 STA**  
**5:29.22 REG**

Nicole Somers

Langley

|   | Name                | Yr | School                       | Seed Time | Finals Time |     |
|---|---------------------|----|------------------------------|-----------|-------------|-----|
| 1 | Dobrenz, Bev        | JR | James Madison High School    | 5:24.77   | 5:21.26     | REG |
| 2 | Harlow, Margaret    | SR | McLean High School           | 5:27.66   | 5:22.75     | REG |
| 3 | Harlow, Adrienne    | SO | McLean High School           | 5:31.25   | 5:23.08     | REG |
| 4 | Elliott, Mary       | FR | Langley High School          | 5:29.82   | 5:27.21     | REG |
| 5 | Dilworth, Mary Kate | SO | Thomas Jefferson High School | 5:31.47   | 5:32.53     |     |
| 6 | Gent, Anne          | FR | Langley High School          | 5:44.65   | 5:43.19     |     |

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**Results**

|    |                      |    |                               |         |         |
|----|----------------------|----|-------------------------------|---------|---------|
| 7  | Rainey, Kelsey       | SO | Thomas Jefferson High School  | 5:58.04 | 5:43.47 |
| 8  | Noordhuizen, Leah    | JR | George C Marshall High School | 5:46.65 | 5:44.59 |
| 9  | Scoggin, Sierra      | SO | South Lakes High School       | 6:05.85 | 5:46.62 |
| 10 | Degner-Lopez, Jenna  | SO | Fairfax High School           | 5:49.39 | 5:48.06 |
| 11 | Burke, Maura         | SO | South Lakes High School       | 5:58.46 | 5:49.06 |
| 12 | Salassi, Savanna     | FR | Langley High School           | 5:57.06 | 5:54.13 |
| 13 | Graham, Sarah        | FR | Thomas Jefferson High School  | 5:47.16 | 5:55.08 |
| 14 | Griffin, Emma        | JR | Fairfax High School           | 6:02.49 | 5:59.35 |
| 15 | Williams, Kenzie     | SO | James Madison High School     | 6:19.75 | 6:05.52 |
| 16 | Orr, Justine         | FR | James Madison High School     | 6:19.58 | 6:06.87 |
| 17 | Smith, Shannon       | SO | Thomas Jefferson High School  | NT      | 6:08.30 |
| 18 | Robertson, Katie     | SO | Fairfax High School           | 6:16.32 | 6:09.13 |
| 19 | Dawson, Casey        | SR | South Lakes High School       | 6:12.15 | 6:09.72 |
| 20 | McMillen, Lauren     | SR | Langley High School           | 6:08.06 | 6:09.76 |
| 21 | Cosgrove, Shannon    | FR | Fairfax High School           | 6:40.76 | 6:20.66 |
| 22 | Orr, Olivia          | FR | James Madison High School     | 6:20.28 | 6:24.75 |
| 23 | Pence, Kelsey        | SO | McLean High School            | 6:31.27 | 6:36.01 |
| 24 | Kehne, Bethany       | SO | South Lakes High School       | 6:51.94 | 6:41.44 |
| 25 | Bulk, Celina         | SO | Stone Bridge High School      | 6:46.32 | 6:41.59 |
| 26 | Richards, Jane       | JR | Stone Bridge High School      | 6:48.09 | 6:41.83 |
| 27 | Lisann, Ilana        | FR | McLean High School            | 6:49.38 | 6:42.89 |
| 28 | Frederick, Gabrielle | FR | Stone Bridge High School      | 6:50.39 | 6:42.90 |
| 29 | Gill, Laura          | FR | Stone Bridge High School      | 7:18.53 | 7:10.43 |
| 30 | Weldon, Rylie        | SO | George C Marshall High School | 7:23.91 | 7:15.25 |

**(Event 16 Girls 500 Yard Freestyle)**

|    | <b>Name</b>     | <b>Yr</b> | <b>School</b>                 | <b>Seed Time</b> | <b>Finals Time</b> |
|----|-----------------|-----------|-------------------------------|------------------|--------------------|
| 31 | Eltzroth, Julia | FR        | George C Marshall High School | 7:22.68          | 7:26.17            |
| 32 | Niklas, Minjin  | JR        | George C Marshall High School | 7:16.19          | 7:45.08            |

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**Dist. Record: 1:26.71 ! 2/6/2009 James Madison High School Madison-**  
**S Fletcher, D Fallavollita, A Pennington, R Parker**

**1:26.92 AAA**  
**1:28.29 AAC**  
**1:30.79 STA**  
**1:32.66 REG**

| Team                            | Relay                  | Seed Time                 | Finals Time             |
|---------------------------------|------------------------|---------------------------|-------------------------|
| 1 Thomas Jefferson High School  |                        | 1:28.57                   | 1:27.96 AAC             |
| 1) Dona, Alex SR                | 2) Speers, Sam SR      | 3) Seliskar, Stephen SO   | 4) Callahan, Matt SR    |
| 2 Fairfax High School           |                        | 1:30.13                   | 1:28.49 STA             |
| 1) Lauri, Travis JR             | 2) Patteson, Austin JR | 3) Baumgardner, Jake SR   | 4) Kelly, Joey SR       |
| 3 James Madison High School     |                        | 1:32.78                   | 1:28.94 STA             |
| 1) Webb, Charlie SR             | 2) Owens, Evan FR      | 3) Fallavollita, David JR | 4) Pennington, Adam SR  |
| 4 Langley High School           |                        | 1:29.90                   | 1:29.23 STA             |
| 1) Natal, Ryan SO               | 2) Barnard, Chris JR   | 3) Rieling, Conor SR      | 4) Pivik, Chris SR      |
| 5 South Lakes High School       |                        | 1:32.38                   | 1:34.41                 |
| 1) Hazelton, Nick SR            | 2) Shada, Sean JR      | 3) Hughes, Harrison JR    | 4) Pilcher, Dane SO     |
| 6 McLean High School            |                        | 1:37.88                   | 1:34.65                 |
| 1) Kim, Bill FR                 | 2) Huynh, Alexander JR | 3) Lee, Edward JR         | 4) Fitzgibbon, Colin SR |
| 7 George C Marshall High School |                        | 1:34.28                   | 1:36.19                 |
| 1) Hirka, George SR             | 2) Hirka, Logan SO     | 3) Nyce, Andrew SO        | 4) Hashemi, Cyrus SO    |
| 8 Stone Bridge High School      |                        | 1:37.51                   | 1:36.62                 |
| 1) Schierling, Luke JR          | 2) Kowaleski, Cas JR   | 3) Graves, Brennan JR     | 4) Gambla, Tim SR       |

**Event 18 Girls 200 Yard Freestyle Relay**

**Dist. Record: 1:40.58 ! 1/29/2005 South Lakes High School SL**  
**M Christensen, D Constantino, N Pederson, C Bellis**

**1:38.14 AAA**  
**1:39.64 AAC**  
**1:42.69 STA**  
**1:45.39 REG**

| Team                           | Relay                  | Seed Time                | Finals Time               |
|--------------------------------|------------------------|--------------------------|---------------------------|
| 1 Langley High School          |                        | 1:44.16                  | 1:41.27 STA               |
| 1) Katis, Jayme JR             | 2) Zarella, Torrie JR  | 3) Howard, Megan JR      | 4) Speers, Abi FR         |
| 2 James Madison High School    |                        | 1:44.00                  | 1:42.38 STA               |
| 1) O'Reilly, Katarina SR       | 2) Dobrenz, Bev JR     | 3) Zolper, Liz JR        | 4) Kellan, Laura FR       |
| 3 Stone Bridge High School     |                        | 1:43.00                  | 1:42.92 REG               |
| 1) Pollock, Apple SO           | 2) Springman, Haley JR | 3) Haynes, Paige SR      | 4) DeGooyer, Dani JR      |
| 4 Fairfax High School          |                        | 1:46.43                  | 1:45.70                   |
| 1) Wray, Rachael SO            | 2) Surette, Marla FR   | 3) Dillinger, Natalie FR | 4) Ferguson, Matty FR     |
| 5 Thomas Jefferson High School |                        | 1:47.82                  | 1:46.25                   |
| 1) Bennett, Katie SO           | 2) Gonzalez, Leah JR   | 3) Kim, Brianna JR       | 4) Dilworth, Mary Kate SO |

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|                                                              |                       |                                |                                   |
|--------------------------------------------------------------|-----------------------|--------------------------------|-----------------------------------|
| 1) Dolan, Elizabeth FR<br>7 South Lakes High School          | 2) Walker, Shelby FR  | 3) Wilcox, Sarah SR<br>1:51.85 | 4) Harlow, Adrienne SO<br>1:53.72 |
| 1) Skowronski, Allison SO<br>8 George C Marshall High School | 2) Nolta, Sarah SR    | 3) Burke, Maura SO<br>1:54.44  | 4) Scoggin, Sierra SO<br>1:57.37  |
| 1) Veoni, Paige SO                                           | 2) Bennett, Elaine SR | 3) Costello, Emily FR          | 4) Noordhuizen, Leah JR           |

**Event 19 Boys 100 Yard Backstroke**

**Dist. Record:** 52.72 ! 1/26/2008 Wade Gong TJ  
51.92 AAA  
52.90 AAC  
54.69 STA  
56.77 REG

| Name                    | Yr School                        | Seed Time | Finals Time |
|-------------------------|----------------------------------|-----------|-------------|
| 1 Putnam, Charlie       | JR McLean High School            | 52.84     | 51.97! AAC  |
| 2 Dillon, Brad          | SR South Lakes High School       | 54.09     | 52.59! AAC  |
| 3 Johnson, Patrick      | SR Fairfax High School           | 57.25     | 54.62 STA   |
| 4 Grimmitt-Norris, Mike | SR South Lakes High School       | 55.09     | 55.07 REG   |
| 5 Hirka, Logan          | SO George C Marshall High School | 59.65     | 57.44       |
| 6 Simon, Jackson        | SO James Madison High School     | 59.56     | 57.86       |
| 7 Brumas, Alex          | JR Langley High School           | 59.99     | 57.88       |
| 8 McMurray, Evan        | JR Thomas Jefferson High School  | 59.44     | 58.01       |
| 9 Shada, Sean           | JR South Lakes High School       | 1:00.03   | 58.69       |
| 10 Surette, Sam         | SR Thomas Jefferson High School  | 1:01.29   | 58.71       |
| 11 Pennington, Alex     | FR James Madison High School     | 1:01.61   | 59.31       |
| 12 Scibilia, Tommy      | SR Fairfax High School           | 1:01.36   | 1:00.38     |
| 13 Coar, Evan           | SR Langley High School           | 1:02.69   | 1:00.47     |
| 14 Fitzgibbon, Colin    | SR McLean High School            | 1:01.99   | 1:01.01     |
| 15 Perez, Eduardo       | JR Fairfax High School           | 1:02.66   | 1:01.44     |
| 16 Hong, Michael        | FR James Madison High School     | 1:02.01   | 1:02.01     |
| 17 Fritz, Tyler         | FR Langley High School           | 1:02.85   | 1:02.96     |
| 18 Chappell, Matt       | JR James Madison High School     | 1:02.29   | 1:03.32     |
| 19 Campbell, Gavin      | JR George C Marshall High School | 1:01.63   | 1:03.67     |
| 20 Hoffman, Alex        | JR Thomas Jefferson High School  | NT        | 1:03.84     |

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|    |                 |    |                              |         |         |
|----|-----------------|----|------------------------------|---------|---------|
| 21 | Propp, Maxwell  | FR | Langley High School          | 59.13   | 1:04.98 |
| 22 | Kost, Nick      | FR | Stone Bridge High School     | 1:04.03 | 1:06.37 |
| 23 | Badgett, Scott  | JR | Thomas Jefferson High School | 1:04.73 | 1:07.10 |
| 24 | Milmoe, Timmy   | JR | Fairfax High School          | 1:09.25 | 1:07.56 |
| 25 | Kunkel, Kurtis  | FR | South Lakes High School      | 1:12.43 | 1:09.65 |
| 26 | Nielsen, Colin  | SO | Stone Bridge High School     | 1:11.07 | 1:10.55 |
| 27 | Ahlgrimm, Jake  | SO | McLean High School           | 1:13.52 | 1:11.42 |
| 28 | Tenney, Charlie | SR | McLean High School           | 1:14.33 | 1:11.88 |
| 29 | Tolep, Mark     | FR | Stone Bridge High School     | 1:16.62 | 1:16.31 |
| 30 | Taylor, Nick    | FR | Stone Bridge High School     | 1:22.37 | 1:24.54 |

**Event 20 Girls 100 Yard Backstroke**

**Dist. Record:** 56.73 ! 2/6/2009 Eva Greene McLean  
57.29 AAA  
58.43 AAC  
1:00.39 STA  
1:03.35 REG

| Name               | Yr | School                       | Seed Time | Finals Time |     |
|--------------------|----|------------------------------|-----------|-------------|-----|
| 1 Greene, Eva      | JR | McLean High School           | 59.72     | 57.84       | AAC |
| 2 Bennett, Katie   | SO | Thomas Jefferson High School | 1:02.24   | 1:01.07     | REG |
| 3 Overend, Meghan  | JR | Langley High School          | 1:03.18   | 1:03.04     | REG |
| 4 Mottola, Lindsay | JR | James Madison High School    | 1:02.43   | 1:03.63     |     |
| 5 Kemmerer, Anne   | FR | Langley High School          | 1:06.00   | 1:05.16     |     |
| 6 Lan, Anna        | SR | Thomas Jefferson High School | 1:05.75   | 1:05.34     |     |
| 7 Wilcox, Sarah    | SR | McLean High School           | 1:05.76   | 1:06.44     |     |

**(Event 20 Girls 100 Yard Backstroke)**

| Name               | Yr | School                       | Seed Time | Finals Time |
|--------------------|----|------------------------------|-----------|-------------|
| 8 Wang, Cathy      | SR | James Madison High School    | 1:04.97   | 1:06.55     |
| 9 Boardman, Nowell | FR | McLean High School           | 1:08.22   | 1:06.72     |
| 10 Scoggin, Sierra | SO | South Lakes High School      | 1:09.25   | 1:07.11     |
| 11 Sagurton, Megan | SR | Thomas Jefferson High School | 1:09.21   | 1:07.66     |
| 12 Graham, Sarah   | FR | Thomas Jefferson High School | 1:08.19   | 1:07.93     |

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|    |                     |    |                               |         |         |
|----|---------------------|----|-------------------------------|---------|---------|
| 14 | Kelley, Amanda      | JR | Fairfax High School           | 1:09.77 | 1:08.71 |
| 15 | Alonge, Sophia      | JR | James Madison High School     | 1:11.35 | 1:09.01 |
| 16 | Westfall, Ellie     | FR | James Madison High School     | 1:10.67 | 1:09.09 |
| 17 | Cunningham, Katie   | JR | South Lakes High School       | 1:10.10 | 1:09.16 |
| 18 | Lair, Gina          | SO | Stone Bridge High School      | 1:11.44 | 1:09.59 |
| 19 | May, Aubrey         | SR | Fairfax High School           | 1:10.15 | 1:10.60 |
| 20 | Steelberg, Johanna  | FR | McLean High School            | NT      | 1:11.06 |
| 21 | Warack, Sarah       | SO | Langley High School           | 1:11.39 | 1:11.40 |
| 22 | Grealy, Lauren      | SO | Stone Bridge High School      | 1:11.20 | 1:11.53 |
| 23 | Kreykes, Miriam     | FR | George C Marshall High School | 1:11.69 | 1:11.63 |
| 24 | Skowronski, Allison | SO | South Lakes High School       | 1:11.41 | 1:11.71 |
| 25 | Moyer, Margo        | SO | South Lakes High School       | 1:15.02 | 1:12.07 |
| 26 | McKenzie, Shannon   | FR | Fairfax High School           | 1:14.04 | 1:13.94 |
| 27 | Bennett, Elaine     | SR | George C Marshall High School | 1:14.80 | 1:14.16 |
| 28 | O'Connell, Marie    | FR | Stone Bridge High School      | 1:15.56 | 1:17.26 |
| 29 | Kelly, Christine    | JR | Fairfax High School           | 1:19.12 | 1:19.03 |
| 30 | Dorman, Nicole      | FR | Stone Bridge High School      | 1:28.39 | 1:22.39 |
| 31 | Kousen, Mandy       | FR | George C Marshall High School | 1:23.84 | 1:23.24 |

**Event 21 Boys 100 Yard Breaststroke**

**Dist. Record:** 57.78 ! 2/6/2009 Stephen Richards  
58.40 AAA  
59.40 AAC  
1:01.49 STA  
1:03.39 REG

Langley-

| Name | Yr                | School | Seed Time                     | Finals Time |            |
|------|-------------------|--------|-------------------------------|-------------|------------|
| 1    | Katis, Chuck      | JR     | Langley High School           | 57.90       | 57.46! AAA |
| 2    | Richards, Stephen | SR     | Langley High School           | 1:00.54     | 59.16 AAC  |
| 3    | Nyce, Andrew      | SO     | George C Marshall High School | 1:03.29     | 1:04.03    |
| 4    | Reed, Patrick     | SR     | James Madison High School     | 1:06.98     | 1:04.29    |
| 5    | Rossbach, Peter   | SR     | Fairfax High School           | 1:06.88     | 1:04.74    |

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|    |                   |    |                              |         |         |
|----|-------------------|----|------------------------------|---------|---------|
| 7  | Lee, Edward       | JR | McLean High School           | 1:05.77 | 1:05.90 |
| 8  | Bergan, William   | JR | Thomas Jefferson High School | 1:07.23 | 1:06.39 |
| 9  | Dutta, Justin     | SR | James Madison High School    | 1:04.93 | 1:06.42 |
| 10 | Howard, Steven    | SR | Thomas Jefferson High School | 1:07.36 | 1:06.75 |
| 11 | Russiello, Andrew | SO | James Madison High School    | NT      | 1:07.21 |
| 12 | Frerichs, Reese   | FR | Thomas Jefferson High School | 1:09.56 | 1:07.45 |
| 13 | Hazelton, Nick    | SR | South Lakes High School      | 1:07.61 | 1:08.16 |
| 14 | Ashley, Matt      | FR | Stone Bridge High School     | 1:08.60 | 1:08.59 |
| 15 | Coar, Evan        | SR | Langley High School          | 1:06.46 | 1:09.16 |
| 16 | Coar, Trevor      | FR | Langley High School          | 1:12.19 | 1:10.53 |
| 17 | Geiger, Kevin     | FR | McLean High School           | 1:11.26 | 1:11.57 |
| 18 | Johnson, Sam      | SR | Fairfax High School          | 1:12.63 | 1:12.16 |
| 19 | Odlen, David      | JR | South Lakes High School      | 1:11.24 | 1:12.23 |

**(Event 21 Boys 100 Yard Breaststroke)**

|     | Name                | Yr | School                        | Seed Time | Finals Time |
|-----|---------------------|----|-------------------------------|-----------|-------------|
| 20  | Click, Ben          | FR | Fairfax High School           | 1:14.46   | 1:12.30     |
| 21  | Jackson, Brenton    | SO | Stone Bridge High School      | 1:15.87   | 1:14.38     |
| 22  | Hutchins, Tyler     | FR | South Lakes High School       | 1:14.70   | 1:15.50     |
| 23  | Mayo, Scott         | SO | South Lakes High School       | 1:15.01   | 1:15.63     |
| 24  | McDermott, Lane     | JR | Fairfax High School           | 1:18.34   | 1:15.65     |
| 25  | Ahlgrimm, Jake      | SO | McLean High School            | NT        | 1:16.15     |
| 26  | Washington, Jordan  | SO | George C Marshall High School | 1:20.76   | 1:18.79     |
| 27  | Bavis, Danny        | SO | Stone Bridge High School      | 1:16.02   | 1:19.03     |
| 28  | Ghazanfari, Parham  | JR | Stone Bridge High School      | 1:25.10   | 1:23.32     |
| 29  | Soltani Sadr, Amin  | SO | McLean High School            | 1:21.94   | 1:24.31     |
| --- | Piller, Christopher | FR | Thomas Jefferson High School  | NT        | DQ          |

**Event 22 Girls 100 Yard Breaststroke**

**Dist. Record: 1:04.78 ! 2/1999 Lindsey Ertter Langley**  
**1:05.03 AAA**

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**1:08.49 STA**  
**1:10.65 REG**

|    | <b>Name</b>         | <b>Yr</b> | <b>School</b>                 | <b>Seed Time</b> | <b>Finals Time</b> |     |
|----|---------------------|-----------|-------------------------------|------------------|--------------------|-----|
| 1  | Ferguson, Matty     | FR        | Fairfax High School           | 1:08.53          | 1:07.35            | STA |
| 2  | Fletcher, Sami      | SO        | James Madison High School     | 1:10.21          | 1:09.44            | REG |
| 3  | Schirm, Karen       | JR        | Langley High School           | 1:10.53          | 1:09.83            | REG |
| 4  | Springsteen, Ellie  | SO        | McLean High School            | 1:12.90          | 1:10.06            | REG |
| 5  | Springsteen, Annie  | FR        | McLean High School            | 1:11.62          | 1:10.63            | REG |
| 6  | Collins, Aedan      | SO        | Thomas Jefferson High School  | 1:12.47          | 1:11.60            |     |
| 7  | Liu, Sarah          | FR        | Thomas Jefferson High School  | 1:13.05          | 1:12.65            |     |
| 8  | Queen, Alli         | FR        | James Madison High School     | 1:14.24          | 1:12.83            |     |
| 9  | Gainey, Clara       | FR        | James Madison High School     | 1:15.20          | 1:13.57            |     |
| 10 | Youngblood, Devon   | SR        | James Madison High School     | 1:13.24          | 1:13.69            |     |
| 11 | Richards, Anne      | FR        | Stone Bridge High School      | 1:14.38          | 1:13.81            |     |
| 12 | Roesel, Erica       | SO        | Langley High School           | 1:13.93          | 1:14.86            |     |
| 13 | Cantrick, Stephanie | SO        | Langley High School           | 1:17.13          | 1:15.46            |     |
| 14 | Cundiff, Claire     | SR        | Thomas Jefferson High School  | 1:17.65          | 1:16.58            |     |
| 15 | Griffin, Emma       | JR        | Fairfax High School           | 1:18.74          | 1:17.05            |     |
| 16 | Meade, Allie        | FR        | McLean High School            | 1:18.46          | 1:17.97            |     |
| 17 | Berman, Rachel      | FR        | South Lakes High School       | 1:17.49          | 1:18.26            |     |
| 18 | Mulligan, Jaimie    | SO        | Langley High School           | 1:17.28          | 1:18.45            |     |
| 19 | Dolan, Elizabeth    | FR        | McLean High School            | 1:17.41          | 1:18.58            |     |
| 20 | Nazario, Gabby      | SO        | Fairfax High School           | 1:19.58          | 1:18.92            |     |
| 21 | Dawson, Casey       | SR        | South Lakes High School       | 1:19.45          | 1:19.26            |     |
| 22 | Cosgrove, Shannon   | FR        | Fairfax High School           | 1:21.86          | 1:20.12            |     |
| 23 | Smith, Shannon      | SO        | Thomas Jefferson High School  | 1:21.12          | 1:20.85            |     |
| 24 | Noordhuizen, Leah   | JR        | George C Marshall High School | 1:16.08          | 1:21.50            |     |
| 25 | Cantwell, Kari      | JR        | South Lakes High School       | 1:22.50          | 1:22.50            |     |
| 26 | Kroll, Katie        | FR        | South Lakes High School       | 1:23.38          | 1:24.89            |     |

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|    |                    |    |                               |         |         |
|----|--------------------|----|-------------------------------|---------|---------|
| 28 | Burnett, Dani      | FR | Stone Bridge High School      | 1:25.80 | 1:25.84 |
| 29 | Eltzroth, Julia    | FR | George C Marshall High School | 1:25.60 | 1:26.58 |
| 30 | Bergstrom, Blake   | FR | Stone Bridge High School      | 1:32.36 | 1:31.72 |
| 31 | Laszakovits, Julie | SO | George C Marshall High School | 1:38.94 | 1:32.84 |

**Event 23 Boys 400 Yard Freestyle Relay**

**Dist. Record: 3:12.36 ! 2/6/2009 James Madison High School Madison-**  
**M Russiello, A Pennington, R Parker, S Fletcher**

**3:11.32 AAA**  
**3:13.93 AAC**  
**3:20.09 STA**  
**3:28.08 REG**

| Team                            | Relay                  | Seed Time                   | Finals Time             |
|---------------------------------|------------------------|-----------------------------|-------------------------|
| 1 Langley High School           |                        | 3:17.40                     | 3:12.46 AAC             |
| 1) Natal, Ryan SO               | 2) Case, David SR      | 3) Katis, Chuck JR          | 4) Richards, Stephen SR |
| 2 Fairfax High School           |                        | 3:19.04                     | 3:13.81 AAC             |
| 1) Lauri, Travis JR             | 2) Patteson, Austin JR | 3) Baumgardner, Jake SR     | 4) Kelly, Joey SR       |
| 3 Thomas Jefferson High School  |                        | 3:19.73                     | 3:15.62 STA             |
| 1) Dona, Alex SR                | 2) Speers, Sam SR      | 3) Seliskar, Stephen SO     | 4) Callahan, Matt SR    |
| 4 James Madison High School     |                        | 3:24.00                     | 3:17.76 STA             |
| 1) Owens, Evan FR               | 2) Capra, Joe SO       | 3) Fenninger, Tom SO        | 4) Pennington, Adam SR  |
| 5 South Lakes High School       |                        | 3:25.51                     | 3:23.48 REG             |
| 1) Pilcher, Dane SO             | 2) Hughes, Harrison JR | 3) Grimmatt-Norris, Mike SR | 4) Dillon, Brad SR      |
| 6 George C Marshall High School |                        | 3:22.69                     | 3:24.24 REG             |
| 1) Hirka, George SR             | 2) Hirka, Logan SO     | 3) Nyce, Andrew SO          | 4) Hashemi, Cyrus SO    |
| 7 McLean High School            |                        | 3:32.15                     | 3:29.41                 |
| 1) Kim, Bill FR                 | 2) Geiger, Kevin FR    | 3) Huynh, Alexander JR      | 4) Putnam, Charlie JR   |
| 8 Stone Bridge High School      |                        | 3:44.82                     | 3:44.27                 |
| 1) Schierling, Luke JR          | 2) Kost, Nick FR       | 3) Kowaleski, Cas JR        | 4) Gambla, Tim SR       |

**Event 24 Girls 400 Yard Freestyle Relay**

**Dist. Record: 3:39.85 ! 2/2004 South Lakes High School SL**  
**Bellis, Constantino, Christensen, Pederson**

**3:33.40 AAA**  
**3:36.76 AAC**  
**3:43.99 STA**  
**3:50.99 REG**

| Team                   | Relay                    | Seed Time         | Finals Time         |
|------------------------|--------------------------|-------------------|---------------------|
| 1 McLean High School   |                          | 3:46.00           | 3:39.69! STA        |
| 1) Harlow, Margaret SR | 2) Springsteen, Annie FR | 3) Greene, Eva JR | 4) Yensen, Katie JR |
| 2 Langley High School  |                          | 3:45.40           | 3:41.23 STA         |

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**Results**

|                                                         |                           |                                      |                                   |
|---------------------------------------------------------|---------------------------|--------------------------------------|-----------------------------------|
| 1) Zeidan, Allie SO<br>3 James Madison High School      | 2) Speers, Abi FR         | 3) Overend, Meghan JR<br>3:49.43     | 4) Katis, Jayme JR<br>3:47.87 REG |
| 1) Dobrenz, Bev JR<br>4 Thomas Jefferson High School    | 2) Mottola, Lindsay JR    | 3) Fletcher, Sami SO<br>3:53.04      | 4) Kellan, Laura FR<br>3:51.75    |
| 1) Bennett, Katie SO<br>5 South Lakes High School       | 2) Dilworth, Mary Kate SO | 3) Wang, Grace SR<br>4:03.17         | 4) Laffosse, Lauren SR<br>3:58.41 |
| 1) Morris, Maggie SR<br>6 Stone Bridge High School      | 2) Burke, Maura SO        | 3) Skowronski, Allison SO<br>3:41.67 | 4) Sennett, Emily SO<br>4:02.29   |
| 1) DeGooyer, Dani JR<br>7 Fairfax High School           | 2) Springman, Haley JR    | 3) Haynes, Paige SR<br>4:01.66       | 4) Lair, Gina SO<br>4:03.94       |
| 1) Rigotti, Katie SR<br>8 George C Marshall High School | 2) Kelley, Amanda JR      | 3) Griffin, Emma JR<br>4:18.71       | 4) Green, Megan FR<br>4:33.68     |
| 1) Veoni, Paige SO                                      | 2) Costello, Emily FR     | 3) Weldon, Rylie SO                  | 4) Kreykes, Miriam FR             |

Women - Team Rankings - Through Event 24

|                              |       |                                  |       |
|------------------------------|-------|----------------------------------|-------|
| 1. James Madison High School | 435.5 | 2. Langley High School           | 404.5 |
| 3. McLean High School        | 323   | 4. Thomas Jefferson High School  | 316   |
| 5. Fairfax High School       | 217   | 6. South Lakes High School       | 154   |
| 7. Stone Bridge High School  | 148   | 8. George C Marshall High School | 105   |

Men - Team Rankings - Through Event 24

|                              |       |                                  |       |
|------------------------------|-------|----------------------------------|-------|
| 1. James Madison High School | 404.5 | 2. Fairfax High School           | 393   |
| 3. Langley High School       | 334   | 4. Thomas Jefferson High School  | 332.5 |
| 5. South Lakes High School   | 201   | 6. George C Marshall High School | 172   |
| 7. McLean High School        | 168   | 8. Stone Bridge High School      | 76    |