

Womens MHSP LA State Records

2011

97

Squat	Kelly Batzloff	Henry Ford	150	March 20, 2010
Bench	Erin Donnelly	Goodrich	85	March 20, 2010
Deadlift	Rachel Hildreth	Atherton	220	March 20, 2009
Total	Kelly Batzloff	Henry Ford	430	March 20, 2010

105

Squat	Kayla Ellul	Cross-Lex	190	March 18, 2011
Bench	Aisha Kohler	Linden	120	March 16, 2007
Deadlift	Olivia Smid	Whitmore Lake	235	March 20, 2009
Total	Aisha Kohler	Linden	510	March 16, 2007

114

Squat	Victoria Burke	Cross-Lex	220	March 20, 2009
Bench	Victoria Burke	Cross-Lex	130	March 20, 2009
Deadlift	Jen VonVoighlander	Whitmore Lake	270	March 20, 2009
Total	Victoria Burke	Cross-Lex	605	March 20, 2009

123

Squat	Alessandra Kozlov	Fenton	240	March 18, 2011
Bench	Amanda Brown	Climax-Scotts	145	March 18, 2011
Deadlift	Cady Sandel	Shepherd	305	March 18, 2011
Total	Alessandra Kozlov	Fenton	655	March 18, 2011

132

Squat	Kendra Miller	Plainwell	290	March 20, 2010
Bench	Brianna Palleschi	Cross-Lex	150	March 20, 2010
Deadlift	Kendra Miller	Plainwell	365	March 20, 2010
Total	Kendra Miller	Plainwell	800	March 20, 2010

145

Squat	Christina Sweet	Goodrich	260	March 14, 2008
Bench	Kateri Stachowicz	Whitehall	150	March 20, 2009
Deadlift	Katelyn Aseltine	Goodrich	335	March 14, 2008
Total	Katelyn Aseltine	Goodrich	710	March 14, 2008

155

Squat	Chloe Jarzembowski	Warren Mott	240	March 18, 2011
Bench	Kateri Stachowicz	Whitehall	160	March 18, 2011
Deadlift	Kathy Ruta	Troy Athens	340	March 20, 2010
Total	Kateri Stachowicz	Whitehall	730	March 18, 2011

165

Squat	Mikayla Kammerzell	Montrose	270	March 20, 2010
Bench	Chelsea Martin	Montrose	150	March 20, 2009
Deadlift	Danielle Bruci	Lakeview	345	March 14, 2008
Total	Danielle Bruci	Lakeview	725	March 14, 2008

181

Squat	Emily Jimenez	Birch Run	260	March 20, 2009
Bench	Kartini Chrisman	Clarkston	145	March 20, 2009
Deadlift	Emily Jimenez	Birch Run	335	March 20, 2009
Total	Emily Jimenez	Birch Run	725	March 20, 2009

198

Squat	Amanda Buckner	Whitmore Lake	340	March 14, 2008
Bench	Amanda Buckner	Whitmore Lake	190	March 14, 2008
Deadlift	Amanda Buckner	Whitmore Lake	335	March 14, 2008
Total	Amanda Buckner	Whitmore Lake	865	March 14, 2008

220

Squat	Cassandra Javor	Mt. Morris	330	March 20, 2009
Bench	Cassandra Javor	Mt. Morris	170	March 20, 2009
Deadlift	Cassandra Javor	Mt. Morris	350	March 20, 2009
Total	Cassandra Javor	Mt. Morris	780	March 20, 2009

220+

Squat	Jackie Gibson	Mt. Morris	360	March 16, 2007
Bench	Jasmine Davis	Bridgeport	190	March 20, 2009
Deadlift	Courtney Mahaffy	Deckerville	370	March 20, 2010
Total	Jackie Gibson	Mt. Morris	860	March 16, 2007

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