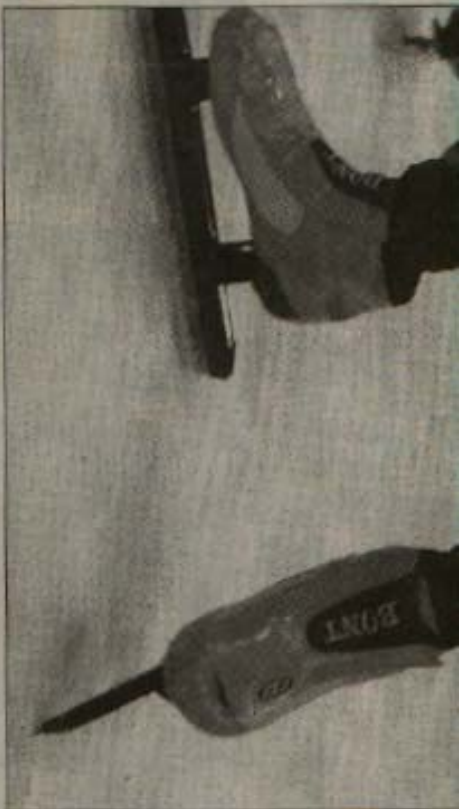


# One cool sport

The sport of speed skating is increasing in popularity through the creation of clubs such as the Newmarket Jets. Below, Jan Hennigar, executive director of the Ontario Speed Skating Association, talks to club members at the start of their weekly coaching session at the Ray Twinney complex last Wednesday. Don Ego (right) is a member of the club.



Young member of the Newmarket Jets. Above, coach Elizabeth Dier helps younger members with their cornering techniques.



Elizabeth Dier (left) is an assistant coach with the Jets. Here, she helps younger sister Meagan with cornering techniques. Megan Laimenburg (below) skates her rounds during practice.

