Tokay High School

Strength & Conditioning Agreement

Student Acknowledgment				
with the Tokay High School Strength & C and written instructions and directions of my failure to comply with these rules/in disciplinary action. I am fully aware of the that even with the best instruction, proportion in the property of the complex of the comple	communicated by structions may respect to the physical risk involver use of equipments.	am. I must report the program supe cult in the loss of w olved with any ph ent and strict adhe	rvisors. I acknowledge that veight room privileges or ysical activity. I understand erence to rules/regulations	
Tokay High Strength & Conditioning prog	gram. (Date)	 (Grade)		
Parent/Guardian Consent It is with my consent that my son/daugh participates in the Tokay High Strength & involved with any physical activity. I und equipment and strict adherence to rules	& Conditioning pro erstand that even	with the best inst	ruction, proper use of	
occasions, these injuries can be of a seri- death. I also agree that to waive any clai any individual coaches for any injuries th the warnings and agreements stated in t	m against Tokay F nat might occur. I a	ligh School, Lodi U	Inified School District and	
(Signature of Parent/Guardian)	(Date)	(Contact Phone		
(Emergency Contact Name)	(Contact P	(Contact Phone Number)		