

## SENIOR RECRUITING RULES

| Recruiting Method         | Division I   | Division II   | Division III  |
|---------------------------|--|---|---|
| Recruiting materials      | Allowed without restrictions   | Allowed without restrictions  | Allowed without restrictions  |
| Telephone calls           | A student-athlete can make unlimited calls to the coach at his or her expense. Starting July 1 after the junior year, coaches can call once per week | A college coach can call a student-athlete once per week beginning June 15 of junior year. An athlete can make unlimited calls to the coach at his or her expense at any time | No limit on the number of calls or when the college coach can initiate them.                                    |
| Off-campus contact        | Allowed. A college coach can contact an athlete or parents off campus not more than three times during the senior year                               | A college coach can have contact beginning June 15 after junior year. A coach is limited to three in-person contacts off campus   | A college coach can begin to have contact with a student off campus beginning the summer after the junior year. |
| Official visits           | Allowed beginning opening day of classes senior year. A student is limited to one official visit per college up to a maximum of five official visits | Allowed beginning opening day of classes senior year. A student is limited to one official visit per college up to a maximum of five official visits.                         | Allowed beginning opening day of classes senior year. A student is limited to one official visit per college.   |
| Unofficial visits         | Allowed without restrictions   | Allowed without restrictions  | Allowed without restrictions  |
| Instant and Text Messages | Forbidden  | Forbidden   | Forbidden   |

Remember that the rules change annually.

Visit [www.ncaa.org](http://www.ncaa.org) for an updated list of NCAA rules and regulations