

Western Nebraska Community College



2010-2011 Athletic Department Overview

June 1, 2011

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Overview of Athletic Programs at Western Nebraska Community College 2010-2011

The Athletic Department at Western Nebraska Community College believes that athletics provides a rich supplement to the college curriculum. Participating in intercollegiate athletics at WNCC promotes not only physical fitness, but also characteristics of leadership, community awareness, and personal growth.

Western Nebraska Community College is a comprehensive community college committed to serving its students with higher education and lifelong learning opportunities. The faculty, staff, and Board of Governors seek to provide leadership in education by providing high-quality educational programs and support services that are accessible to all who can benefit from them. The college is supportive of intercollegiate athletics and complies with the regulations set forth by the National Junior College Athletic Association.

In keeping with the basic philosophy of the institution, the intercollegiate athletic program at Western Nebraska Community College is designed to develop a value system which views academics and athletics in the proper perspective. The different sport programs will assist each student-athlete in preparing themselves academically, physically, and socially to fulfill a meaningful place in society beyond college. WNCC athletics is centered around the following twelve guiding principles:

- Adaptability
- Compassion
- Contemplation
- Courage
- Honesty
- Initiative
- Loyalty
- Optimism
- Perseverance
- Respect
- Responsibility
- Trustworthiness

Members of the athletic department will work to integrate these principles in their daily tasks at the institution, as well as in the lives of all student-athletes.

Western Nebraska Community College

Athletic Department

Athletic Staff

Athletic Director

Ryan Burgner

Asst. to Athletic Director

Todd Rasnic

College Relations

Erin Stinner

Holly Sterkel

Mark Rein

Athletic Trainer

Doug Jones

Secretary

Mary Wuest

Coaching Staff

Men's Programs

Head Baseball Coach- Mike Jones

Assist. Coach- Ryan Burgner

Head Basketball Coach- Russell Beck

Assist. Coach- Yahosh Bonner

Head Soccer Coach - Todd Rasnic

Assist. Coach- Henry Preels

Women's Programs

Head Basketball Coach- David Harnish

Assist. Coach- Ipek Turkeyilmaz

Head Soccer Coach- Todd Rasnic

Assist. Coach- Jim Miller

Head Softball Coach- Maria Winn

Assist. Coach- Molly Bonuchi

Assist. Coach- Adena Hagen

Head Volleyball Coach- Giovana Melo

Assist. Coach- Lindsey Gonzalez

Assist. Coach- Cesar Bennatti

Western Nebraska Community College Athletic Programs

Men's Programs

Baseball

Basketball

Soccer

Women's Programs

Basketball

Soccer

Softball

Volleyball

Western Nebraska Community College Coaching Staff

2008-2009

	Total		FT Employees		PT Employees	
Men's Athletics	Male	Female	Male	Female	Male	Female
Baseball	2		2			
Basketball	3		2		1	
Soccer	2		1		1	
	Total		FT Employees		PT Employees	
Women's Athletics	Male	Female	Male	Female	Male	Female
Basketball	1	1	1	1		
Soccer	2		1		1	
Softball		2		1		1
Volleyball		2		1		1

2009-2010

	Total		FT Employees		PT Employees	
Men's Athletics	Male	Female	Male	Female	Male	Female
Baseball	2		2			
Basketball	2		1		1	
Soccer	2		1		1	
	Total		FT Employees		PT Employees	
Women's Athletics	Male	Female	Male	Female	Male	Female
Basketball	1	1	1	1		
Soccer	2		1		1	
Softball		3		2		1
Volleyball	1	2		1	1	1

(Coaching staff continued.....)

2010-2011

	Total		FT Employees		PT Employees	
Men's Athletics	Male	Female	Male	Female	Male	Female
Baseball	2		2			
Basketball	2		1		1	
Soccer	2		1		1	
	Total		FT Employees		PT Employees	
Women's Athletics	Male	Female	Male	Female	Male	Female
Basketball	1	1	1			1
Soccer	2		1		1	
Softball		3		2		1
Volleyball	1	2		1	1	1

2010-2011

WNCC Athletic Department Community Service Projects

- 60 hrs. spent as Riding Counselors for **The Buckboard Riding Academy**
- 20 hrs. working with the **Kid's Camps at the HATC**
- All sports participated in 100 hrs. with **various projects at the Guadalupe Center**
- Entire Department participated in 70 hours with the **UNL Extension Kids Fitness and Nutrition after School Program.**
- Misc hours completed with the **PRIDE group at the Guadalupe Center**
- 90 hrs. working at the **Geil Elementary Welcome Back Fair**
- 60 hrs. working with **Scottsbluff County CERT Team**
- 50 hrs. helping with **Dr. Seuss Reading Day** in Gering and Scottsbluff
- 270 working with **The Dollar General Literacy Program**
- Entire Department Participated in **NJCAA Sportsmanship Day**
- 130 hrs. working with the **Scottsbluff Police Department "Family Night Out"**
- 15 hours Men's Basketball team helping with the annual **"Trunk or Treat"** night at The Church of Jesus Christ of Latter Day Saints.
- Men's and Women's Soccer assisted as **AYSO** soccer trainers.
- Women's Basketball and Women's Volleyball participated in 30 hrs for yearly **Girl Scouts of America Sport Nights** at WNCC
- Softball participated in National Walk to School Day at Northfield Elementary.
- 80 hours Men's Baseball and Basket Ball volunteered at **Community Christian School** to serve lunches twice a month and help with the school enchilada fundraiser
- 30 hours working with Panhandle Co-op on **Earth Day Activities**
- Men's Baseball completed 20 hours with **Platte Valley Museum**
- Men's Baseball and Softball participated in Pumpkin Carving at Longfellow Elementary.
- Men's Basketball completed 10 hours helping with the annual **"Pinewood Derby"** for Boy Scouts of America

(Community Service continued...)

- Women's volleyball participated in Methodist Church after school program.
- Entire department participated in **Northfield Elementary ESL Program.**
- Men's and Women's Soccer participated in **FCA** camp.
- Men's and Women's Soccer participated in **Giel Elementary Fitness Day.**
- Softball and Women's Volleyball participated in **Westmoor Elementary End of Year Carnival.**

Origin of Student Athletes

2008-2009

Sport	In-State/ In-District	In-Region	Out-of-Region	International	Total
Baseball	6/5	10	16	5	37
Basketball (Men)	1/1	0	13	5	19
Basketball (Women)	3/3	7	2	3	15
Soccer (Men)	9/6	11	2	3	25
Soccer (Women)	3/3	10	4	1	18
Softball	0/0	9	6	6	21
Volleyball	2/2	1	6	3	12

2009-2010

Sport	In-State/ In-District	In-Region	Out-of-Region	International	Total
Baseball	8/7	10	11	7	36
Basketball (Men)	0/0	1	11	8	20
Basketball (Women)	4/4	4	4	3	15
Soccer (Men)	4/2	6	2	4	16
Soccer (Women)	5/5	12	1	0	18
Softball	0/0	7	10	3	20
Volleyball	5/4	2	4	2	13

2010-2011

Sport	In-State/ In-District	In-Region	Out-of-Region	International	Total
Baseball	6/3	10	11	8	35
Basketball (Men)	3/3	1	11	5	20
Basketball (Women)	2/2	6	6	3	17
Soccer (Men)	9/2	7	2	4	22
Soccer (Women)	2/2	12	2	1	17
Softball	0/0	4	9	4	17
Volleyball	4/3	1	5	3	13

Western Nebraska Community College

Win-Loss-Tie by Sport

2008-2009

Sport	Win	Loss	Tie
Baseball	26	29	
Basketball (Men)	25	7	
Basketball (Women)	24	8	
Soccer (Men)	7	9	1
Soccer (Women)	11	8	1
Softball	42	18	
Volleyball	59	4	

2009-2010

Sport	Win	Loss	Tie
Baseball	25	39	
Basketball (Men)	19	13	
Basketball (Women)	24	8	
Soccer (Men)	5	7	1
Soccer (Women)	8	7	1
Softball	43	21	
Volleyball	42	4	

2010-2011

Sport	Win	Loss	Tie
Baseball	20	33	
Basketball (Men)	18	14	
Basketball (Women)	28	4	
Soccer (Men)	5	12	
Soccer (Women)	9	9	2
Softball	53	15	
Volleyball	43	4	

Grade Point Averages for Student Athletes

2008-2009

Sport	# of Student-Athletes	Fall	Spring	Average GPA
Baseball	37	2.41	2.26	2.34
Basketball (Men)	19	2.86	1.90	2.38
Basketball (Women)	15	2.61	2.59	2.60
Soccer (Men)	25	2.34	2.59	2.46
Soccer (Women)	18	2.56	2.45	2.50
Softball	21	3.24	2.68	2.96
Volleyball	12	2.48	2.60	2.54

2008-2009 Overall Student Athletes GPA: 2.54

2008-2009 Overall Students GPA: 2.47

2009-2010

Sport	# of Student-Athletes	Fall	Spring	Average GPA
Baseball	36	2.48	2.81	2.64
Basketball (Men)	20	2.00	2.11	2.05
Basketball (Women)	15	2.60	2.70	2.65
Soccer (Men)	16	1.94	2.12	2.03
Soccer (Women)	18	2.47	2.48	2.48
Softball	20	2.86	2.91	2.88
Volleyball	13	3.24	3.28	3.26

2009-2010 Overall Student Athletes GPA: 2.57

2009-2010 Overall Students GPA: 2.39

2010-2011

Sport	# of Student-Athletes	Fall	Spring	Average GPA
Baseball	35	2.83	2.50	2.67
Basketball (Men)	20	2.72	2.54	2.63
Basketball (Women)	17	2.52	2.37	2.46
Soccer (Men)	22	2.00	2.67	2.34
Soccer (Women)	17	2.05	2.37	2.21
Softball	17	2.90	2.48	2.69
Volleyball	13	3.20	3.26	3.23

2010-2011 Overall Student Athletes GPA: 2.60

2010-2011 Overall Students GPA: 2.55

Vocabulary Definitions

Transfer/Graduation Data Chart

Please see following page for chart

- **First Year:** All **freshman** who participated in their respective sport for the year.
- **Second Year:** All **sophomores** who participated in their respective sport for the year.
- **Left Program:** All student athletes who left their respective sport during the spring semester of the previous year or have left since the beginning of the fall term. Includes those athletes that the department dismissed, or who have chosen to go to a different junior college. Does not include those who graduated or transferred to a 4-year college.
- **Graduated:** All student-athletes who graduated from WNCC in May of the Respective academic year. If these students went to a 4-year institution, they are included in the transfer column. Some graduates may not have transferred to a 4-year college.
- **Transferred:** All student athletes who left WNCC to play sports at a 4-year college. This number may include first or second year transfers, if applicable.
- **Returned / Did not participate:** All student athletes from the previous year who have returned to WNCC to continue their education but not to participate in sports.

Transfer/Graduation Data for Student Athletes

2008-2009

Sport	First Year	Second Year	Left Program	Graduated	Transfer to 4-year College	Returned/Did Not participate
Baseball	28	9	7	4	6	1
Basketball (Men)	15	4	8	2	3	0
Basketball (Women)	8	7	4	4	5	2
Soccer (Men)	13	12	8	3	7	0
Soccer (Women)	10	8	3	1	5	0
Softball	16	5	4	2	3	1
Volleyball	9	3	2	2	3	0
Total Athletes	99	48	36	18	32	2

2009-2010

Sport	First Year	Second Year	Left Program	Graduated	Transfer to 4-year College	Returned/Did Not participate
Baseball	23	13	11	6	12	1
Basketball (Men)	15	5	12	5	5	2
Basketball (Women)	12	3	5	2	2	1
Soccer (Men)	8	8	4	2	5	0
Soccer (Women)	10	8	2	6	7	0
Softball	12	8	8	5	9	1
Volleyball	7	6	0	5	5	0
Total Athletes	87	51	42	31	45	4

2010-2011

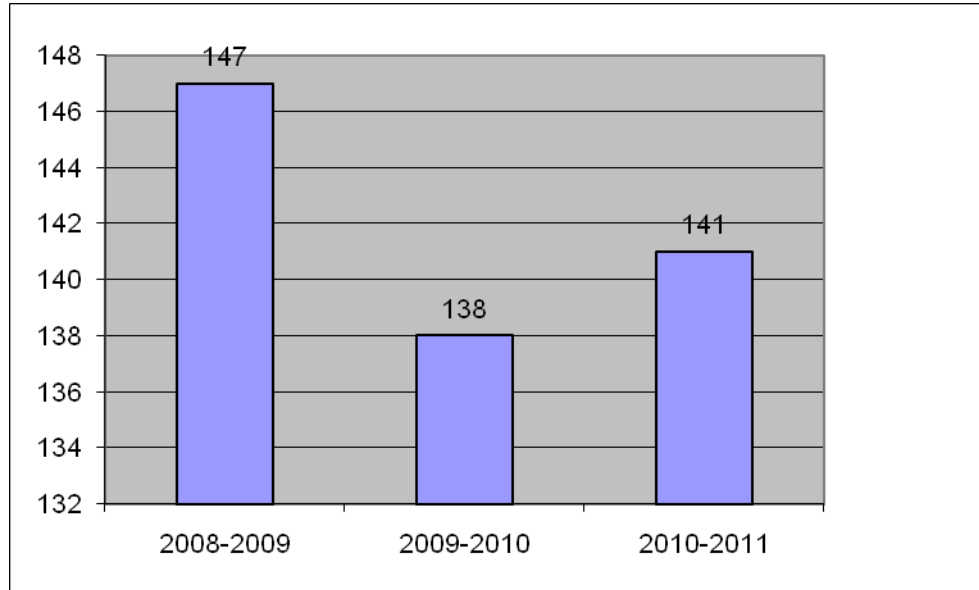
Sport	First Year	Second Year	Left Program	Graduated	Transfer to 4-year College	Returned/Did Not participate
Baseball	21	14	6	8	13	1
Basketball (Men)	16	4	9	2	3	0
Basketball (Women)	13	4	7	2	3	1
Soccer (Men)	17	5	5	3	4	3
Soccer (Women)	11	6	2	4	4	1
Softball	11	6	4	3	6	1
Volleyball	6	7	0	6	6	0
Total Athletes	95	46	33	28	39	7

Graduation Rate of Student Athletes 2008-2011: 53%

***Graduation Rate of Overall Students 2008-2011: 27%**

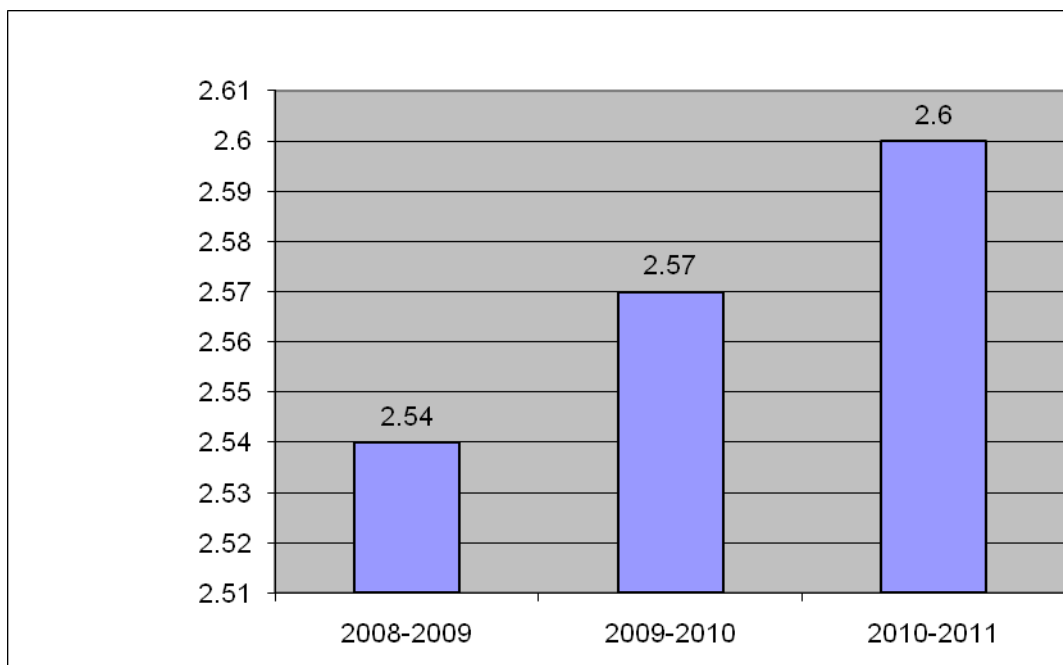
* Numbers reflect 1st time, Full-time, Degree Seeking students who enrolled in the fall of 2008.

Number of Student Athletes at Western Nebraska Community College Since fall of 2008



Overall Student Athlete GPA

2008-2011



* The WNCC Athletic Department strategies to increase student athlete G.P.A.s. Below is a list of changes that took place for the 2009-2010 academic year. All 4 areas were highly successful:

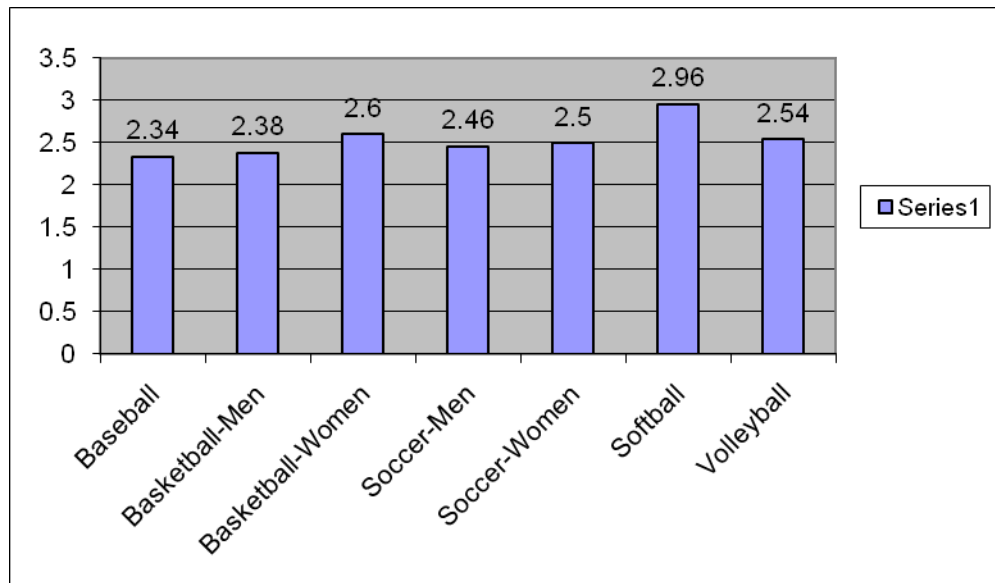
- No athletic scholarships will be renewed if a student athlete is placed on academic suspension.
- All sports will implement a type of study hall for their student-athletes.
- A student athlete's scholarship will not cover classes that are being re-taken because the student athlete failed the class in a previous semester.
- Paper form of grade checks

**Changes being made to sporting teams for the 2010-2011 will include:

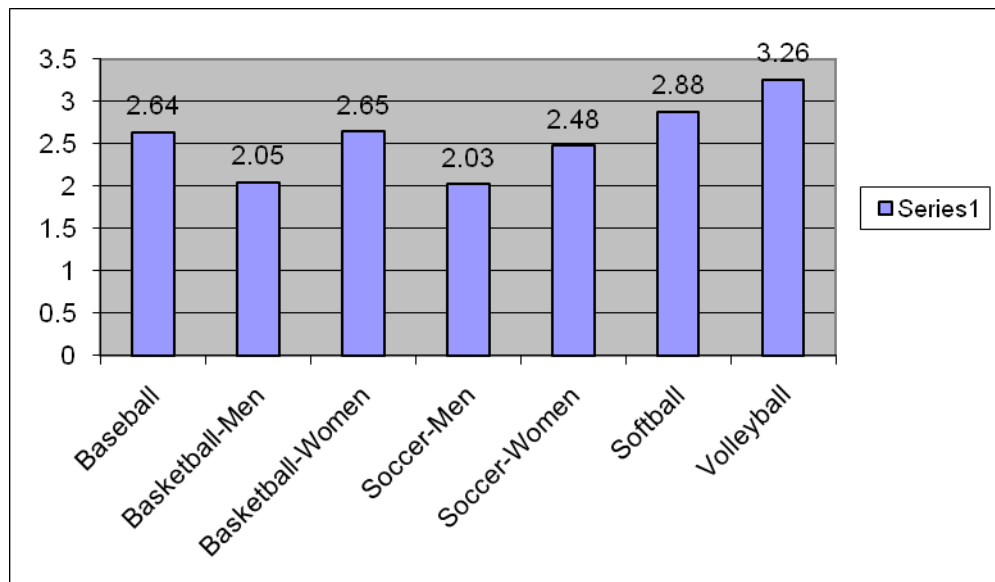
- Mandatory study hall a minimum of two nights per week for every sport
- Reduced playing time for student athletes who drop below academic standards during the semester
- Establish a plan of action to prevent out of season student athletes from dropping below the WNCC academic standard

Student Athlete GPA by Sport

2008-2009

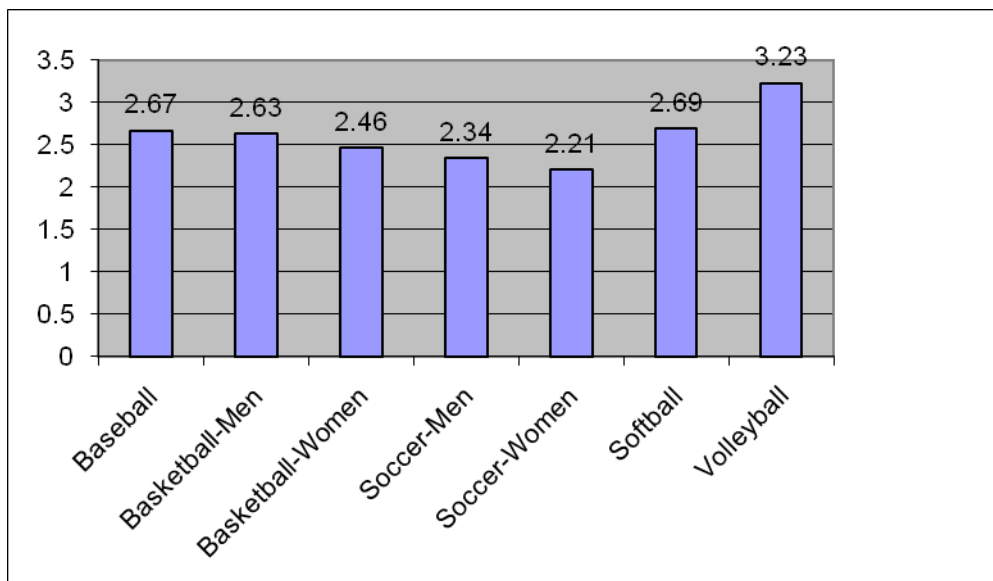


2009-2010



(Student-Athlete GPA by Sport continued...)

2010-2011



Athletic Training Room Statistics (8/1/2010 – 5/13/2011)

- Number of Athletes 141
- Percentage of Athletes who made at
Least one visit for treatment or evaluation 97%
- Number of coaches who utilized services
Of the Athletic training room 3 coaches, 3 officials, 1 faculty
- Number of treatments 1781
- Average time of treatment 22 Minutes
- Number of treatments performed on
Visiting teams 75
- Number of evaluations (on and off field)
 - Men's Basketball 51 Evaluations
 - Women's Basketball 48 Evaluations
 - Volleyball 36 Evaluations
 - Softball 61 Evaluations
 - Baseball 58 Evaluations
 - Men's Soccer 35 Evaluations
 - Women's Soccer 38 Evaluations
- Average time of evaluation 13 minutes
- Number of appointments with physicians 126 appointments
- Number of "Major" surgeries 5
 - 1 ACL Repairs
 - 3 knee Menisci Repairs
 - 1 compartment syndrome
- Number of home games attended by ATC 82
- Number of away games attended by ATC 4 (2 tournaments, 2 games)
- Number of home tournaments (multi-game)
Staffed by ATC (Including Region Tournaments) 8

Western Nebraska Community College

Intercollegiate Athletics

Accomplishments, Strengths, and Weaknesses

2	Region IX Championship teams (Softball, Volleyball)
1	National Championship (Volleyball)
2	Regional Coach of the Year Awards (Giovana Melo, Maria Winn)
1	NJCAA National Coach of the Year (Giovana Melo)
15	Academic All-Region Student Athletes
1800	Average number of fans that attend indoor Cougar events
75	Average number of fans that attend outdoor Cougar events
12	WNCC Sports camps held each year
60	Percentage of Student athletes that graduated with an Associates Degree in May (based on 46 sophomores)
+1400	Hours contributed to community service projects for the academic year

Strengths of the program

- Random Alcohol and Drug testing.*
- Strict code of conduct - including academic standards for student athletes
- Athletic Success has increased the exposure of the college nationally and internationally
- Strong administrative/faculty/staff support
- Increase in booster club participation
- Improved weight room and training room facilities
- A part-time trainer employed by WNCC
- A well established Dorm-Parent Program within the communities of Scottsbluff and Gering. This program provides a host family for all WNCC student-athletes that are interested in having a “local” family.
- Several successful Community Service projects within the area**
- Ability to offer varsity scrimmages at our other two centers in Alliance and Sidney.
- Established Golf Tournament that continues to increase each year
- Established Reverse Raffle fundraiser in the fall each year
- Ranked in the top three of regional schools in respect to facilities and other athletic accomplishments
- New communication model for parents
- Increased facility improvement—consistent updates for the entire department

*See Drug Testing Results on Page 21 and 22

**See Community Service Projects on Page 8

Weaknesses of Program

- No indoor training facility for Winter sports on campus
- No full-Time Athletic Trainer
- Not all sports have full-Time Assistant Coaches
- Lack of Consistent Radio Broadcast
- Not all competition sites located on campus
- Lack of transportation to cover seven athletic teams

Goals for Upcoming Academic Year

- More Communication with Parents
- All coaches being more visible in the community
- Continual increase in community service
- A strategic plan implemented to maximize travel efficiency
- Increase fundraising dollars

2010-2011 Drug-Testing Results

For the 2009-2010 academic year, all student athletes participating in intercollegiate athletics at WNCC signed a waiver to be eligible for random drug testing throughout the year. All student athletes participating in athletics were required to sign the waiver, regardless of their scholarship situation. The WPCI staff in Scottsbluff was hired to handle the purchase of the individual drug tests, as well as the computer program that randomly chose the student athletes each month. Student athlete ID numbers were supplied to WPCI and that information was input into a computer program. Specific demographic information was not issued to WPCI.

This past academic year, WNCC administered 45 tests to student athletes. The institution had 0 positive tests.**

Drug testing began in January and ran through May. WNCC received a list of nine student-athletes at the beginning of each month. The WNCC trainer, Doug Jones, handled all of the monthly testing. WNCC utilized a newer form of testing which requires student athletes to gather saliva on a sponge-tipped stick. A strip on the end of the stick turns blue when enough saliva has been gathered. The sponge is then placed into a specimen jar. A testing strip is added to the contents of the jar, and the jar is sealed. The trainer then sends the specimen for testing. The oral lab tests for six drugs: Amphetamines, Opiates, Cocaine, PCP, Methamphetamines, and THC.

The saliva tests that were administered to the WNCC student-athletes have a 95% accuracy rate. This form of drug testing appeared to be successful. While WNCC received the test list at the first of the month, student athletes were tested throughout the month. This system was established so student athletes would not become overly familiar with the testing time frame.

The cost of the new program was approximately \$1,530 (\$34 per test) for the five month period. Total cost for a nine month period will be \$3,060. This cost included all of the testing supplies, the services of WPCI, as well as the costs associated with the second laboratory that dealt with our saliva samples. The new drug testing policy has seemed to cut down on the number of students that are being referred to counseling services for drug and alcohol use. Drug testing was a topic of discussion for our student athletes on a daily basis. Hopefully, in the future, student athletes will continue to make smarter choices about drug and alcohol use, knowing that our institution is holding them to a higher standard.

(Drug-Testing results continued...)

Drug Test Results

Student Athletes Randomly Chosen by Sport

Baseball	12 Student-athletes
Men's Basketball	6 Student-athletes
Women's Basketball	5 Student-athletes
Men's Soccer	4 Student-athletes
Women's Soccer	4 Student-athletes
Softball	10 Student-athletes
Volleyball	4 Student-athletes

*WNCC administered 45 drug tests over the course of the 2010-2011 academic year. However, 45 different student-athletes were not tested. There were some student-athletes that were chosen to take the test two times. Names are chosen randomly each month by a computer system at WPCI and then reported to the Athletic Department.

**Testing did not begin until Jan 1, 2011. Drug test used last year was discontinued by FDA. Alternate affordable drug test was found and sent Dec 2010.